

<u>Pos</u>	<u>Name</u>	<u>club</u>	<u>Category</u>	<u>Time</u>	<u>LCT points</u>
1	Ricky Lightfoot	Ellenborough AC	MSEN	4:05:44	100.0
2	James Harris	Ambleside AC	MSEN	4:08:44	98.8
3	Philip Rutter	Helm Hill Runners	MSEN	4:09:59	98.3
4	Ted Mason	Wharfedale Harriers	M40	4:19:34	94.4
5	Peter Davies	Dark Peak Fell Runners	M40	4:23:03	93.0
6	Sam Holding	Cumberland Fell Runners	MSEN	4:33:45	88.6
7	Steve Jacques		M40	4:34:12	88.4
8	Ian Holmes	Bingley Harriers & AC	M55	4:35:13	88.0
9	Jasmin Paris	Carnethy Hill Racing Club	WSEN	4:35:34	87.9
10	Kenny Richmond	Shettleston Harriers	M50	4:37:15	87.2
11	Tom Simpson	Ambleside AC	MSEN	4:38:22	86.7
12	Mark Burley	Macclesfield Harriers & AC	MSEN	4:39:53	86.1
13	Duncan Coombs	Hunters Bog Trotters	MSEN	4:42:44	84.9
14	Richard Houghton	Ellenborough AC	MSEN	4:44:47	84.1
15	Josh Hartley	Black Combe Runners	MSEN	4:45:54	83.7
16	Jonny Steede	Glens Runners	M40	4:46:55	83.2
17	Dave Ward	Pennine Fell Runners	M45	4:47:59	82.8
18	Richard Mellon	Bowland Fell Runners	M45	4:48:31	82.6
19	Catriona Graves	Carnethy Hill Racing Club	WSEN	4:48:54	82.4
20	Alistair Palmer	Preston Harriers	MSEN	4:52:43	80.9
21	Liam Braby	Carnethy Hill Racing Club	MSEN	4:53:48	80.4
22	Jacob Hiom		MU23	4:57:35	78.9
23	Matt Owens	Chorlton Runners	M40	4:58:55	78.4
24	Arthur Raffle	Altrincham & District Athletic Clul	MU23	5:05:08	75.8
25	Barney Plummer	Horsforth Harriers	MSEN	5:05:12	75.8
26	Stephen Shorrocks	Barlick Fell Runners	M40	5:07:09	75.0
27	Spencer Riley	Ambleside AC	M45	5:07:22	74.9
28	Iain Embrey		MSEN	5:07:58	74.7
29	Garth McGimpsey	Mourne Runners	M40	5:08:37	74.4
30	Jamie Lawler	Keswick AC	M40	5:09:45	73.9

<u>Pos</u>	<u>Name</u>	<u>club</u>	<u>Category</u>	<u>Time</u>	<u>LCT points</u>
31	Rhys Findlay-Robinson	Dark Peak Fell Runners	MSEN	5:10:43	73.6
32	David Williams	Ellenborough AC	M40	5:12:45	72.7
33	Chris Perry	Matlock Athletic Club	MSEN	5:15:33	71.6
34	Sue Richmond	Pennine Fell Runners	W40	5:16:56	71.0
35	Philip Pearson	Northern Fells Running Club	M60	5:17:50	70.7
36	Jon Morgan	Dark Peak Fell Runners	M50	5:20:56	69.4
37	David Hadden	Pennine Fell Runners	M40	5:21:09	69.3
38	Allen Bunyan	Macclesfield Harriers & AC	MU23	5:21:19	69.2
39	Colin Williams	Moorfoot Runners	M45	5:22:55	68.6
40	Andy Davies	Mercia Fell Runners	M50	5:24:33	67.9
41	Simon Bell	FRA	MSEN	5:25:26	67.6
42	Robert Green	Achille Ratti	MSEN	5:28:15	66.4
43	Mick Dobson	Trawden Athletic Club	M50	5:36:06	63.2
44	John Gill	Dallam Running Club	M40	5:36:18	63.1
45	Jez Brown	Buckley Runners	M45	5:36:40	63.0
46	Robert White	Cumberland Fell Runners	MSEN	5:36:56	62.9
47	Darren Fishwick	Chorley Athletic and Triathlon Clul	M50	5:37:42	62.6
48	Victoria Thompson	Helm Hill Runners	WSEN	5:38:13	62.4
49	Mark Irving	Ellenborough AC	MSEN	5:38:34	62.2
50	Johnathan Cooper-Knock	Totley AC	MSEN	5:41:06	61.2
51	Zoe Harding		WSEN	5:45:25	59.4
52	Tim Reid	Cumberland Fell Runners	MSEN	5:45:30	59.4
53	Joe Rigby		MSEN	5:45:51	59.3
54	Sarah Andrew	Glossopdale Harriers	WSEN	5:47:18	58.7
55	Matthew Holroyd	Settle Harriers	MU21	5:48:24	58.2
56	Joe Blackett	Dark Peak Fell Runners	M55	5:48:35	58.1
57	Mark Pursell	Pennine Fell Runners	M45	5:48:37	58.1
58	Andrew Holmes	Pennine Fell Runners	M40	5:48:44	58.1
59	Tim Grimwood	Swaledale Runners	M40	5:48:55	58.0

<u>Pos</u>	<u>Name</u>	<u>club</u>	<u>Category</u>	<u>Time</u>	<u>LCT points</u>
60	Eleanor Wainwright		WSEN	5:49:23	57.8
61	Leigh Warburton	Bowland Fell Runners	M60	5:50:13	57.5
62	Oli Beswick		MSEN	5:50:55	57.2
63	Mick Procter	Clayton-le-Moors Harriers	M55	5:51:07	57.1
64	Pete Curtis	Carnethy Hill Racing Club	MSEN	5:52:56	56.4
65	Jack Blundy		MSEN	5:53:53	56.0
66	Matthew Theobald		MSEN	5:54:49	55.6
67	Elaine Bisson	Elvet Striders	W40	5:55:00	55.5
68	Ben Simmonds		MSEN	5:55:12	55.5
69	Gareth Brown	North Ayrshire Athletics Club	M40	5:55:40	55.3
70	Mark Brightwell		M40	5:56:31	54.9
71	Jim Turner	Bowland Fell Runners	MSEN	5:58:08	54.3
72	Madeleine Dickson	Chorlton Runners	WSEN	5:58:14	54.2
73	Luke Piper	East Cheshire Harriers & Tameside	MSEN	5:59:55	53.5
74	Matt Linnett		MSEN	6:01:31	52.9
75	Martin Holroyd	Settle Harriers	M50	6:01:41	52.8
76	Janie Oates	Helm Hill Runners	WSEN	6:01:49	52.8
77	Nicholas Wilson	Durham City Harriers & AC	MU23	6:02:01	52.7
78	Gary Bradley	Barlick Fell Runners	M55	6:02:20	52.6
79	Charlotte Milligan		WSEN	6:03:10	52.2
80	Craig Storozuk	Barlick Fell Runners	M40	6:03:52	51.9
81	Ben Dodman	Lochaber Athletic Club	M45	6:04:15	51.8
82	David Fort	Clayton-le-Moors Harriers	M45	6:04:17	51.8
83	Darren Parker	Cumberland Fell Runners	M55	6:04:39	51.6
84	Robert Gittins	Macclesfield Harriers & AC	M55	6:04:40	51.6
85	Martin Terry	Clayton-le-Moors Harriers	M60	6:04:43	51.6
86	Nick Hammond	Framlingham Flyers	M45	6:05:08	51.4
87	Mark Davinson	Derwentside AC	M45	6:08:16	50.1
88	John Tullie	Teviotdale Harriers	M60	6:08:58	49.9

<u>Pos</u>	<u>Name</u>	<u>club</u>	<u>Category</u>	<u>Time</u>	<u>LCT points</u>
89	James Brown		M40	6:09:24	49.7
90	George Domaille	Wakefield Harriers	MSEN	6:09:45	49.5
91	Paul Jackson	Dark Peak Fell Runners	M40	6:10:07	49.4
92	Neil Lyons	Black Combe Runners	MSEN	6:14:03	47.8
93	Simon Roberts	Buckley Runners	M50	6:16:25	46.8
94	Kirk Lusty	Clayton-le-Moors Harriers	M40	6:17:02	46.6
95	Richard Sale	Achille Ratti	MSEN	6:17:36	46.3
96	Bill Beckett	Chorley Athletic and Triathlon Clul	M55	6:17:58	46.2
97	Katherine Klunder	Chorley Athletic and Triathlon Clul	WSEN	6:18:02	46.2
98	Adam Malloy	Northumberland Fell Runners	MSEN	6:18:18	46.1
99	Chris Vanderhoven	Esk Valley Fell Club	M40	6:19:02	45.8
100	Eleanor Johnstone	Pennine Fell Runners	WSEN	6:21:39	44.7
101	Roy Gibson	Kendal Amateur Athletic Club	M60	6:22:05	44.5
102	Nick Sebley	Black Combe Runners	M60	6:23:15	44.0
103	Andy Quicke	Dark Peak Fell Runners	M40	6:23:39	43.9
104	Robin Hoffmann	Glossopdale Harriers	M40	6:24:44	43.4
105	Paul Simpson	Ambleside AC	M55	6:25:02	43.3
106	Alison Wainwright	Dark Peak Fell Runners	W50	6:25:28	43.1
107	Christopher Barry		MSEN	6:25:46	43.0
108	Dave Greaves	Black Combe Runners	M40	6:27:03	42.5
109	Al Smithson	Mersey Tri	MSEN	6:27:06	42.5
110	Robert Jarman	Ripon Runners	MSEN	6:27:09	42.5
111	Kerry Cornforth	Keswick AC	W50	6:27:36	42.3
112	Peter Tayler	Black Combe Runners	M55	6:27:41	42.2
113	Jo Simpson	Ambleside AC	WSEN	6:27:51	42.2
114	Paul Mason	Cumberland Fell Runners	M60	6:28:23	41.9
115	Jim Londesborough		M55	6:28:30	41.9
116	Dominic Hoare	Bowland Fell Runners	M45	6:29:01	41.7
117	Richard Liddell		MSEN	6:32:39	40.2

<u>Pos</u>	<u>Name</u>	<u>club</u>	<u>Category</u>	<u>Time</u>	<u>LCT points</u>
118	Ross Bell	Eden Runners	MSEN	6:32:47	40.2
119	Reuben Alldridge		M40	6:38:39	37.8
120	Simon Franklin	Cumberland Fell Runners	M55	6:40:36	37.0
121	Alasdair McCallum	North Ayrshire Athletics Club	M55	6:42:14	36.3
122	Richard Tunnicliffe		M40	6:43:12	35.9
123	Tanya Shepherd	Horsforth Fellandale Club	WSEN	6:43:57	35.6
124	Dean Ridgeway		MSEN	6:46:07	34.7
125	David Crout	Keswick AC	M50	6:47:43	34.1
126	Max Wilkinson	Durham Fell Runners	MSEN	6:55:03	31.1
127	Matthew Thomas		MSEN	6:55:06	31.1
128	David Coyne	Macclesfield Harriers & AC	M45	7:09:18	25.3
129	Nick Frost		M40	7:09:20	25.3
130	Bevan Adams	Retford AC	M45	7:13:56	23.4

<u>Pos</u>	<u>team</u>	<u>team points</u>	<u>counter1</u>	<u>counter2</u>	<u>counter3</u>
1	Ambleside AC	86.8	James Harris	Tom Simpson	Spencer Riley
2	Ellenborough AC	85.6	Ricky Lightfoot	Richard Houghton	David Williams
3	Carnethy Hill Racing Club	83.6	Jasmin Paris	Catriona Graves	Liam Braby
4	Dark Peak Fell Runners	78.6	Peter Davies	Rhys Findlay-Robinson	Jon Morgan
5	Pennine Fell Runners	74.4	Dave Ward	Sue Richmond	David Hadden
6	Helm Hill Runners	71.1	Philip Rutter	Victoria Thompson	Janie Oates
7	Cumberland Fell Runners	70.3	Sam Holding	Robert White	Tim Reid
8	Macclesfield Harriers & AC	69.0	Mark Burley	Allen Bunyan	Robert Gittins
9	Bowland Fell Runners	64.8	Richard Mellon	Leigh Warburton	Jim Turner
10	Barlick Fell Runners	59.8	Stephen Shorrocks	Gary Bradley	Craig Storozuk
11	Black Combe Runners	58.5	Josh Hartley	Neil Lyons	Nick Sebley
12	Clayton-le-Moors Harriers	53.5	Mick Procter	David Fort	Martin Terry
13	Chorley Athletic and Triathl	51.6	Darren Fishwick	Bill Beckett	Katherine Klunder

<u>Pos</u>	<u>Name</u>	<u>club</u>	<u>Category</u>	<u>Time</u>	<u>LCT points</u>
14	Keswick AC		Jamie Lawler	Kerry Cornforth	David Crout