

rank	Club	Long		Super Long				TOTAL POINTS
		Three Shires	Langdale	Duddon	Ennerdale	Wasdale	Borrowdale	
1	Dark Peak FR	89	92.7	95.1	88.7	77.7	81	276.5
2	Ambleside AC	92.2	96.5	86.1		90.6	82.9	273.1
3	Borrowdale FR	97.7	81.2	85.4			89.6	272.7
4	Helm Hill Runners	90.1	95.2	92.5	70.8		78.9	266.5
5	Wharfedale Harriers		85.3	90.8			87.9	264
6	Pennine FR	84.4	90	83.3	83.7	82.6	80.5	256.9
7	Ellenborough	82.9				84.8	86.5	254.2
8	Keswick AC	81.5	84.4	74.7	76.2	43.2	81.2	241.8
9	Bowland FR	83.2	85.1	78.3		62.7	72.9	236.3
10	Bingley Harriers		68.6	68.4			92.7	229.7
11	Clayton Le Moors	69.1	72.3	44	71.8		64.4	208.5
12	Horwich RMI Harri	54.6	56.5	71.5			48.8	176.7
13	Chorley AC	46.4	68	43.7			51.9	163.6
14	Kendal AAC		61.3	51.2			43.5	155.9
15	Todmorden Harrie	48.4	50.7	60.4			34.9	146