

rank	name	club	category	Long		Super Long				TOTAL POINTS
				Borrowdale	Three Shires	Duddon	Ennerdale	Buttermere	Wasdale	
1	Andrew Schofield	Borrowdale FR	MV40			94.4	95.7	97.6	90.9	287.7
2	Ben Abdelnoor	Ambleside AC	M			88.8	100		89.3	278.1
3	Ted Ferguson	Borrowdale FR	M	81.5	86.2		92.1	97.8	80.6	276.2
4	Harvey Lord	Black Combe Runners	M		88	93.5	93	83.8	78.7	274.4
5	Richard McGrath	Ellenborough AC	M	83.9			99.4		89.7	272.9
6	Jack Wood	Ilkley Harriers	M	85.5	95	95.9		78.3		269.3
7	Paul Aitken	Helm Hill Runners	M	80.1		95.2	92.7			268.1
8	Nigel Wood	Helm Hill Runners	MV40	80.1		95.2		91.1		266.4
9	Jon Deegan	Ambleside AC	MV40	76.8		91.7		87.4		255.9
10	John Hunt	Dark Peak FR	MV50		81.6	91.8			81.7	255.1
11	Mike Robinson	Dark Peak FR	MV40	71.5	79	86.5	82.2	79.4	84.9	253.6
12	David Lund	Dark Peak FR	M	72.3		90.3		84.3		246.9
13	Patrick Brennan	Rosendale Harriers	M	66.1	73.2	88.4		76.1		237.7
14	Mark Irving	Bowland	M	75.4	78.4			81.4	77.2	237
15	Mark Taylor		MV40	58.6	79.1	78.5	77.3			235
16	Matthew Hulley	Pennine	MV40	66.2	72.6			80.1	80.3	233
17	Oliver Blomfield	Eden Runners	MV40			80.1		76.2	75.7	232
18	Dave Ward	Pennine	MV40	74.7				74	80.6	229.2
19	Judith Jepson	Dark Peak FR	FV40	61.7	74.7	74.8	77.2	75.1		227.1
20	Leigh Warburton	Bowland FR	MV50	60.6	70.9	74.8	73	65.4	66.1	218.7
21	Steph Jones	Ambleside AC	F	61.7	67.6	73.8	70.6	72.3	45.9	216.7
22	Jonathan Melia	Rosendale Harriers	MV40			79.7		73.6	61.2	214.6
23	Paul Johnson	Cumberland FR	M		64.8	74.4	75.1			214.4
24	Peter Kemp	Ellenborough AC	MV40	59.6			79.7		74.7	214
25	Adrian Harvey	Howgill Harriers	M	62.1	65.2	71.9		75.4	56.9	212.5
26	David Sykes	Dark Peak FR	MV40	61.9	57.4	69.3	70.7	72.3	65.3	212.3
27	Nicky Spinks	Dark Peak FR	FV40	58.3	63.6	71.4			76.5	211.5
28	Tony Holland	Coniston FR	MV50			63.7	74.6	69	66.8	210.3
29	Tim Jackson	Settle Harriers	MV40	53.2	50.5	69.5	73.7	64.4	58.9	207.6
30	Mark O'Connor	Calder Valley FR	M	58.8	72.9		47.4	75	54.3	202.3
31	Bill Johnson	Calder Valley FR	MV50		64.4			66.8	59.5	190.7
32	Lucy Spain	Helm Hill Runners	F	62.5		69			53.3	184.9
33	Jenny Caddick	Dark Peak FR	FV40	49.7	54.6	65.5	61.5			181.6
34	Crispin Halsall	Bowland FR	MV40		59.3	58.5	59.8			177.6
35	Dave Garner	Todmorden Harriers	MV40			57.1		55.1	65	177.2
36	Dan Gilbert	Horwich RMI Harriers	MV40		60.6	63		50.7		174.4
37	Keith Holmes	Dark Peak FR	MV60	46.7		61.7		61.4		169.8
38	Andrew Holmes	Pennine	M	61				53.8	49.1	163.9
39	Andrew Britton	Idle AC	MV40	62.8			34.3		64.7	161.9
40	Peter Carvell	Congleton Harriers	MV40	23.5	52.9	56.8	51.6		42.5	161.2
41	Phil Clayton	Black Combe Runners	MV50	43.1		57.9		52.4		153.4
42	Yewan Bennison	Chorley Athletic & Tri	FV40	55.5	54.5	38.4			53.9	147.8
43	John Thompson	Newburgh Nomads	MV40		43.7	47.7	48.3	42.1		139.6
44	Jake Ackroyd	Calder Valley FR	M		48.8			34.5	45.9	129.2
45	Leigh Hinchliffe	Pudsey Pacers	MV40	45.6			34.3		42.6	122.6
46	Brian Melia	Ilkley Harriers	MV50	42.9		16.3			53.5	112.7
47	Bill Beckett	Chorley Athletic & Tri	MV50	27.8		37.8		37.1		102.7
48	Lesley Malarkey	Keswick AC	FV60	13.3	25		31.9	34.1		90.9
49	Ian Shuttleworth	Coniston FR	MV50		26.7	28.3		35.3		90.3