

		Long		Super Long				TOTAL
rank	Club	3Shires	Langdale	Duddon	Ennerdale	Wasdale	Borrowdale	POINTS
1	Borrowdale FR	82.8	84.2	95.3	96.4		88.9	280.5
2	Dark Peak FR	81.7	93.3	87.4	91.7	94.8	89.1	279.9
3	Ambleside AC	92.9	93.1	60.3		93.9	84.4	271.4
4	Helm Hill Runners		91.5	93.2			82.4	267.1
5	Pennine FR		82.3	71.8	79	78.9	76.5	240.2
6	Wharfedale Harriers	83	49.8			73.5	80.7	237.2
7	Ellenborough AC	86.6			72.5		74.9	233.9
8	Black Combe Runners	52.7		82.5	75	72.7		230.2
9	Bowland FR	79.2	86.4	53.2	74	65	63.2	225.4
10	Cumberland FR	66.8		82	73.4		39.6	222.2
11	Eden Runners	57.3				83	48.2	188.5
12	Northern Fells RC	52	69.7			44.4	65.7	179.8
13	Clayton-le-Moors	58.8	59.2	37.6		57.5	22.2	154.3
14	Todmorden Harriers	20.4		76.1			43.9	140.3
15	Barlick FR	46.6				51.7	40.9	139.2