

<u>Pos</u>	<u>Name</u>	<u>club</u>	<u>Category</u>	<u>Time</u>	<u>LCT points</u>
1	Ricky Lightfoot	Ellenborough AC	MSEN	1:16:00	100.0
2	Carl Bell	Keswick AC	MSEN	1:16:18	99.6
3	Robert Jebb	Helm Hill Runners	M40	1:18:26	96.8
4	Sam Dixon	Helm Hill Runners	MSEN	1:18:59	96.1
5	Martin Mikkelsen-Barron	Borrowdale Fell Runners	MSEN	1:20:01	94.7
6	Sam Stead	Keswick AC	MSEN	1:20:43	93.8
7	Ian Holmes	Bingley Harriers & AC	M50	1:20:55	93.5
8	Daniel Haworth	Matlock Athletic Club	MSEN	1:22:17	91.7
9	Gavin Roberts	Eryri Harriers	MSEN	1:22:21	91.6
10	Sam Holding	Cumberland Fell Runners	MSEN	1:24:53	88.3
11	Andrew Stemp	Pudsey & Bramley AC	MSEN	1:25:09	88.0
12	Peter Davies	Dark Peak Fell Runners	M40	1:25:31	87.5
13	Will Carter	Dark Peak Fell Runners	MU23	1:25:53	87.0
14	Calum Kitching	Keswick AC	MU23	1:26:02	86.8
15	Richard McGrath	Ellenborough AC	M40	1:26:09	86.6
16	Harry Stainton	Black Combe Runners	MSEN	1:27:10	85.3
17	Arthur Raffle	Altrincham & District Athletic Club	MU23	1:27:33	84.8
18	Andrew Jebb	Bingley Harriers & AC	M40	1:27:47	84.5
19	Tom Carter		MU23	1:28:12	83.9
20	Jamie Partridge	Eden Runners	MSEN	1:28:15	83.9
21	Luke Piper	East Cheshire Harriers & Tameside AC	MSEN	1:28:24	83.7
22	Tom Hare	Settle Harriers	MSEN	1:28:43	83.3
23	David Williams	Ellenborough AC	M40	1:30:15	81.3
24	Jacob Hiom		MU23	1:30:23	81.1
25	James Mountain		MSEN	1:30:52	80.4
26	John Hunt	Dark Peak Fell Runners	M50	1:31:09	80.1
27	Ian Barnes	Ambleside AC	M40	1:32:29	78.3
28	Joel Gomes	Wrexham Amateur Athletic Club	M40	1:32:51	77.8
29	Sharon Taylor	Helm Hill Runners	W40	1:33:14	77.3
30	Jack Simpson	Helm Hill Runners	MSEN	1:34:00	76.3
31	Adam Jackson	Northern Fells Running Club	M50	1:34:14	76.0
32	Ben Grayson	Eden Runners	MSEN	1:34:43	75.4
33	John Ockenden	Bowland Fell Runners	MSEN	1:35:12	74.7
34	Andy F		MSEN	1:35:41	74.1
35	Simon Bell	Baildon Runners	MSEN	1:35:54	73.8
36	Simon Netherway	Keswick AC	M40	1:36:08	73.5
37	Oli Beswick		MSEN	1:36:10	73.5
38	Dave Ward	Pennine Fell Runners	M40	1:36:15	73.4
39	Simon McCarthy	Ellenborough AC	MSEN	1:36:35	72.9
40	Darren Fishwick	Chorley Athletic And Triathlon Club	M50	1:36:39	72.8
41	Craig Smith	Keswick AC	M50	1:37:09	72.2
42	Ben Simmonds		MSEN	1:37:15	72.0
43	Tarbo Fukazawa	Cambridge Harriers	MSEN	1:37:17	72.0
44	Julian Hood	Skipton AC	M40	1:37:20	71.9
45	Philip Pearson	Northern Fells Running Club	M60	1:37:25	71.8
46	Peter Eccleston	Eden Runners	MSEN	1:37:43	71.4
47	Jonny Hume	Keswick AC	M40	1:38:03	71.0
48	Joe Rigby		MSEN	1:38:06	70.9
49	Matt Dunn	Holcombe Harriers	M50	1:39:22	69.3
50	Jodie Gray	Keswick AC	WSEN	1:40:01	68.4
51	Ian Ferguson	Bingley Harriers & AC	M60	1:40:08	68.2
52	Martin Rush	Team Bath AC	M50	1:40:13	68.1
53	John Duff	Northumberland Fell Runners	M50	1:40:20	68.0
54	Alan Clarke		MSEN	1:40:36	67.6
55	Mick Procter	Clayton-le-Moors Harriers	M50	1:40:54	67.2
56	Nicholas Hopley		MSEN	1:41:05	67.0

<u>Pos</u>	<u>Name</u>	<u>club</u>	<u>Category</u>	<u>Time</u>	<u>LCT points</u>
57	Jim Turner	Bowland Fell Runners	MSEN	1:41:11	66.9
58	Martin Pennington		MSEN	1:42:08	65.6
59	Shaun Atkinson	Ellenborough AC	M40	1:42:12	65.5
60	Leigh Warburton	Bowland Fell Runners	M60	1:42:14	65.5
61	Christian Poulton	Cambridge Harriers	M50	1:42:36	65.0
62	Tim Raffle	Altrincham & District Athletic Club	M50	1:43:04	64.4
63	Colin Jennings	Garstang Running Club	M40	1:43:13	64.2
64	Alex Fawcett	Ripon Runners	M50	1:43:20	64.0
65	Richard Tunnicliffe		M40	1:44:21	62.7
66	Catherine Spurden	Keswick AC	WSEN	1:44:47	62.1
67	Matt Linnett		MSEN	1:45:09	61.6
68	David Riding	Achille Ratti	M40	1:45:53	60.7
69	Roger Laycock	Settle Harriers	M60	1:46:38	59.7
70	Katherine Klunder	Chorley Athletic And Triathlon Club	WSEN	1:47:16	58.9
71	Paul Lewis	Long Eaton Running Club	M50	1:47:44	58.2
72	Chris Curtis	Northern Fells Running Club	M50	1:47:47	58.2
73	Huw Price		M50	1:47:50	58.1
74	Rose Singleton	Northern Fells Running Club	WSEN	1:48:07	57.7
75	Richard Garside	Ochil Hill Runners	M40	1:48:48	56.8
76	Steven O'Keeffe	Northern Fells Running Club	M40	1:49:22	56.1
77	Carlos Bedson	Cheshire Hill Racers	M50	1:50:11	55.0
78	Oliver Cook	Long Eaton Running Club	M50	1:51:03	53.9
79	Gary Thwaite	Ellenborough AC	MSEN	1:51:09	53.8
80	Aaron Walmsley	Bowland Fell Runners	MSEN	1:52:04	52.5
81	Nick Ray	Ellenborough AC	M40	1:52:20	52.2
82	Bill Beckett	Chorley Athletic And Triathlon Club	M50	1:52:50	51.5
83	Roy Gardner		M50	1:53:29	50.7
84	Dave Baglee	Eden Runners	M50	1:53:54	50.1
85	Tony Marlow	Lostock AC	M50	1:54:08	49.8
86	Mark Whittaker		M40	1:54:31	49.3
87	Carol Morgan		W40	1:54:35	49.2
88	Simon Franklin	Cumberland Fell Runners	M50	1:54:37	49.2
89	Guy Bradford	Weston Athletic Club	M50	1:54:44	49.0
90	Rowena Browne	Bowland Fell Runners	W50	1:54:50	48.9
91	Marie Robson	Helm Hill Runners	W50	1:55:04	48.6
92	Paul Mason	Cumberland Fell Runners	M60	1:55:32	48.0
93	Andrew Mcfarlane	Rossendale Harriers & AC	M50	1:58:59	43.4
94	Julie Carter	Keswick AC	W50	1:59:27	42.8
95	Katie Mckay		WSEN	1:59:28	42.8
96	Kerry Cornforth	Keswick AC	W50	1:59:51	42.3
97	Darren Parker	Cumberland Fell Runners	M50	2:00:44	41.1
98	Toby Johnson	Helm Hill Runners	M40	2:01:35	40.0
99	Alison Campbell	Valley Striders AC	W40	2:03:21	37.7
100	Josie Greenhalgh	Lostock AC	W40	2:03:23	37.7
101	Clem Dixon	Cambridge Harriers	M60	2:03:28	37.5
102	Richard Clark	Esk Valley Fell Club	M50	2:03:37	37.3
103	Martin Farrar	Wharfedale Harriers	M50	2:03:52	37.0
104	Jonathan Tombs	Eden Runners	M50	2:06:09	34.0
105	Stephen Tanser	Northumberland Fell Runners	M40	2:06:34	33.5
106	Dan Price	Valley Striders AC	MSEN	2:07:37	32.1
107	Louise Brown	Keswick AC	W50	2:13:05	24.9
108	Tania Wilson	Buxton AC	W50	2:14:00	23.7
109	Wendy Dodds	Dallam Running Club	W70	2:15:27	21.8
110	Gary Mason	Northumberland Fell Runners	M50	2:15:52	21.2
111	Eddie Lesniak	Achille Ratti	M60	2:21:29	13.8

<u>Pos</u>	<u>Name</u>	<u>club</u>	<u>Category</u>	<u>Time</u>	<u>LCT points</u>
112	Jessica Wilson	Altra Red Team	WSEN	2:40:24	0.0

<u>Pos</u>	<u>team</u>	<u>team points</u>	<u>counter1</u>	<u>counter2</u>	<u>counter3</u>
1	Keswick AC	93.4	Carl Bell	Sam Stead	Calum Kitching
2	Helm Hill Runners	90.1	Robert Jebb	Sam Dixon	Sharon Taylor
3	Ellenborough AC	89.3	Ricky Lightfoot	Richard McGrath	David Williams
4	Dark Peak Fell Runners	84.8	Peter Davies	Will Carter	John Hunt
5	Bingley Harriers & AC	82.1	Ian Holmes	Andrew Jebb	Ian Ferguson
6	Eden Runners	76.9	Jamie Partridge	Ben Grayson	Peter Eccleston
7	Bowland Fell Runners	69.0	John Ockenden	Jim Turner	Leigh Warburton
8	Northern Fells Running Club	68.7	Adam Jackson	Philip Pearson	Chris Curtis
9	Cumberland Fell Runners	61.8	Sam Holding	Simon Franklin	Paul Mason
10	Chorley Athletic And Triathlon Club	61.1	Darren Fishwick	Katherine Klunder	Bill Beckett
11	Cambridge Harriers	58.2	Tarbo Fukazawa	Christian Poulton	Clem Dixon
12	Northumberland Fell Runners	40.9	John Duff	Stephen Tanser	Gary Mason