

rank	name	club		Long			Super Long				TOTAL POINTS
				Borrowdale	Three Shires	Langdale	Duddon	Ennerdale	Wasdale	Buttermere	
1	Matthew Atkinson	Keswick AC	MSEN		100.0	100.0	100.0	94.6			294.6
2	Robert Jebb	Helm Hill Runners	M40	96.8			98.4	95.7			290.9
3	James Harris	Ambleside AC	MSEN		90.5	94.5	94.5	82.1	98.8	86.9	287.8
4	Philip Rutter	Helm Hill Runners	MSEN			88.6		94.4	98.3		281.3
5	Sam Dixon	Helm Hill Runners	MSEN	96.1	95.5	91.5	96.8	85.1			278.0
6	Peter Davies	Dark Peak Fell Runners	M40	87.5			94.7	89.9	93.0	85.3	277.6
7	Tom Simpson	Ambleside AC	MSEN		94.5		91.0	82.9	86.7	77.8	272.2
8	Ian Holmes	Bingley Harriers & AC	M50	93.5	96.7	95.3		87.3	88.0		272.0
9	Sam Holding	Cumberland Fell Runners	MSEN	88.3			84.1	82.8	88.6	85.7	262.6
10	Steve Jacques		M40			94.5			88.4	76.9	259.9
11	Josh Hartley	Black Combe Runners	MSEN		92.6	94.4		80.5	83.7		258.6
12	Duncan Coombs	Hunters Bog Trotters	MSEN			80.9	90.8		84.9		256.5
13	Ian Barnes	Ambleside AC	M40	78.3			87.9	78.5			244.7
14	Dave Ward	Pennine Fell Runners	M40	73.4		78.3	76.2		82.8	70.0	237.4
15	Mark Burley	Macclesfield Harriers & AC	MSEN		77.9			73.0	86.1		237.0
16	Sharon Taylor	Helm Hill Runners	W40	77.3			83.6	75.7			236.6
17	John Hunt	Dark Peak Fell Runners	M50	80.1			81.2	72.5			233.8
18	Alistair Palmer	Preston Harriers	MSEN				75.5	70.9	80.9		227.3
19	Arthur Raffle	Altrincham & District Athletic Club	MU23	84.8		78.0		62.5	75.8		223.2
20	Jamie Lawler	Keswick AC	M40		76.3	66.6	67.6		73.9		217.8
21	Adam Jackson	Northern Fells Running Club	M50	76.0	73.8	78.7	67.8	65.6			212.1
22	Sue Richmond	Pennine Fell Runners	W40		61.1	64.8	70.1	61.7	71.0	60.1	205.9
23	Barney Plummer	Horsforth Harriers	MSEN		57.7		70.2		75.8		203.7
24	Philip Pearson	Northern Fells Running Club	M60	71.8			54.1	58.0	70.7		200.4
25	Darren Fishwick	Chorley Athletic And Triathlon Club	M50	72.8		66.4	63.5	56.6	62.6		198.9
26	Jon Morgan	Dark Peak Fell Runners	M50			71.9		56.3	69.4		197.6
27	Mike Harrison	Cumberland Fell Runners	M50		68.8			64.6		61.1	194.6
28	Sean Leckey	Ambleside AC	MSEN			61.3	69.9	62.7			193.9
29	Leigh Warburton	Bowland Fell Runners	M60	65.5	69.4	65.7	60.0	48.1	57.5		186.8
30	Bryony Halcrow	Ambleside AC	WSEN		53.9	64.2	66.7			52.9	183.7
31	Ben Simmonds		MSEN	72.0				51.9	55.5		179.4
32	Sarah Andrew	Glossopdale Harriers	WSEN		59.2	53.2	55.2		58.7		173.1
33	Eleanor Wainwright	Dark Peak Fell Runners	WSEN				55.2	53.7	57.8	41.5	166.8
34	Victoria Thompson	Helm Hill Runners	WSEN			55.9		46.4	62.4		164.7
35	Sarah Hodgson		WSEN		63.1			56.2		45.2	164.5
36	Matt Linnett		MSEN	61.6			47.5		52.9		162.0
37	Roy Gibson	Kendal Amateur Athletic Club	M60		49.9	55.6	52.8		44.5	20.8	152.9
38	Dave Greaves	Black Combe Runners	M40		56.9		53.4		42.5		152.8
39	Katherine Klunder	Chorley Athletic And Triathlon Club	WSEN	58.9				43.1	46.2		148.1
40	Darren Parker	Cumberland Fell Runners	M50	41.1	49.5		44.3	35.8	51.6		145.4
41	David Fort	Clayton-le-Moors Harriers	M40			54.8			51.8	36.8	143.4
42	Peter Taylor	Black Combe Runners	M50				53.4	46.7	42.2		142.4
43	Robin Hoffmann	Glossopdale Harriers	M40			55.1	43.5		43.4		142.0
44	Bill Beckett	Chorley Athletic And Triathlon Club	M50	51.5	55.7	36.5	36.4	39.3	46.2		141.2
45	Gary Bradley	Barlick Fell Runners	M50				48.4		52.6	36.7	137.6
46	Carlos Bedson	Cheshire Hill Racers	M50	55.0		56.2	50.4			30.9	137.5
47	Dominic Hoare	Bowland Fell Runners	M40		61.6	58.7	33.3		41.7		136.5
48	Stephen Coope	Bowland Fell Runners	M50		48.6	45.3	52.8	35.0			136.4
49	Paul Jackson	Dark Peak Fell Runners	M40					48.2	49.4	35.9	133.5
50	Richard Tunnicliffe		M40	62.7		45.7			35.9	34.6	133.3
51	Simon Franklin	Cumberland Fell Runners	M50	49.2	36.5		42.4		37.0		128.5
52	Paul Simpson	Ambleside AC	M50		42.4	43.4	36.8		43.3	17.7	123.5
53	Paul Mason	Cumberland Fell Runners	M60	48.0		29.3		28.8	41.9		118.7
54	Steven O'Keeffe	Northern Fells Running Club	M40	56.1		53.1	32.9	28.4			117.4
55	Kerry Cornforth	Keswick AC	W50	42.3		18.7		29.8	42.3		114.4
56	Alison Wainwright	Dark Peak Fell Runners	W50			26.0	36.4	31.8	43.1	21.8	111.3
57	Les Barker	Cumberland Fell Runners	M50		39.7		47.6	23.5			110.7
58	Robert Jarman	Ripon Runners	MSEN				32.9		42.5	21.5	96.9
59	Jo Simpson	Ambleside AC	WSEN			22.5			42.2	26.9	91.6
60	Barrie Thomason	Macclesfield Harriers & AC	M50		33.0			27.1		2.2	62.3