

## Lakeland Classics Trophy 2022

rank	name	club	category	Super Long				Long		TOTAL POINTS
				Duddon	Ennerdale	Buttermere	Wasdale	Borrowdale	Three Shires	
1	Philip Rutter	Helm Hill Runners	MSEN		-	100.0	100.0	94.7		294.7
2	James Harris	Ambleside AC	MSEN	89.8	-	96.2	96.5	91.5		284.1
3	Tom Simpson	Ambleside AC	MSEN	95.9	-	93.4		91.2		280.4
4	Sam Dixon	Helm Hill Runners	MSEN	90.0	-	92.2		92.0		274.2
5	Ben Abdelnoor	Ambleside AC	M40	90.3	-	89.0	88.3			267.5
6	Lawrence Eccles	Penny Lane Striders	MSEN	79.0	-		79.0	82.6		240.6
7	David Lund	Ambleside AC	M40	81.0	-	80.5	75.3	77.1		238.6
8	Sean Leckey	Ambleside AC	MSEN	77.8	-	78.7		81.7		238.2
9	Sam Wainwright	Ochil Hill Runners	MSEN		-	77.2	78.7	82.0		237.8
10	Mark Burley	Macclesfield Harriers & AC	MSEN	79.5	-	73.4		81.0		233.9
11	John Hunt	Dark Peak Fell Runners	M50	78.4	-	76.0	75.6	71.5		230.0
12	Paul Cornforth	Ambleside AC	M50	79.3	-		74.2	75.2		228.7
13	David Williams	Ellenborough	M40	76.2	-	77.2		73.9		227.3
14	Ross Litherland		M40	79.2	-	76.2		65.8		221.3
15	Ethan Furness	Black Combe Runners	MSEN	78.1	-	67.3	67.7	72.1		218.0
16	Kelli Roberts	Helm Hill Runners	WSEN	75.2	-	70.3		62.9		208.4
17	Philip Pearson	Northern Fells Running Clut	M60	73.5	-	68.0		66.4		207.9
18	Victoria Thompson	Helm Hill Runners	WSEN		-	68.7	74.2	62.6		205.6
19	Dan Gilbert	Horwich R M I Harriers	M40	59.8	-		67.9	71.6		199.3
20	Majka Kunicka	Dark Peak Fell Runners	W40	71.5	-	63.8		61.9		197.2
21	Harry Bolton	Keswick AC	MU23	100.0	-		96.8			196.8
22	Matthew Lynas	Macclesfield Harriers & AC	M50	64.8	-	62.9	64.1			191.7
23	Chris Roberts	Ambleside AC	M40	74.2	-		64.0	52.9		191.1
24	Craig Jeffery		M40	71.6	-		54.9	56.6		183.1
25	Richard Tunnicliffe		M40	59.0	-	63.0	52.9	57.8		179.9
26	Daniel Barton	Keswick AC	M40	74.2	-		53.7	51.9		179.8
27	Andrew Holmes	Pennine Fell Runners	M40		-	63.9	52.0	62.3		178.1
28	Harry Stainton	Black Combe Runners	MSEN	91.9	-		85.8			177.7
29	Mike Hitchmough	Newburgh Nomads RC	M50		-	49.9	62.0	59.6		171.5
30	Chris Webb	Glossopdale Harriers	M40	88.3	-		80.6			168.9
31	David Jackson	Achille Ratti CC	M40	88.6	-		79.6			168.3
32	Littledave Cumins	Mow Cop Runners	M50		-	59.2	54.0	55.0		168.2
33	David James		M50	63.0	-		54.7	50.1		167.8
34	Barney Nikolich	Pennine Fell Runners	MSEN		-	81.5	80.6			162.1
35	Allen Bunyan	Macclesfield Harriers & AC	MSEN		-	80.3	79.0			159.4
36	Simon Darmody	Keswick AC	M40		-	78.9	79.1			158.1
37	Leigh Warburton	Bowland Fell Runners	M60	52.9	-		48.1	48.2		149.2
38	Paul Jackson	Dark Peak Fell Runners	M40		-	49.9	46.9	51.8		148.6
39	Tim Campbell	Astley & Tyldesley Road Rur	M40	76.1	-		57.6			133.7
40	Mick Procter	Clayton-le-Moors Harriers	M50	50.3	-		44.5	29.6		124.4
41	Stephen Coope	Bowland Fell Runners	M50	41.7	-	42.2	38.4	26.8		122.3
42	Joanne Worboys-Hodgson		W50	45.1	-	35.9	41.1			122.1
43	Matt Dunn	Holcombe Harriers	M50		-	63.0	55.6			118.6
44	Sue Richmond	Pennine Fell Runners	W40		-	57.0	56.5			113.4
45	Lauren Munro-Bennett	Ambleside AC	WSEN	57.3	-	55.5				112.8
46	David Crout	Keswick AC	M50	42.3	-	39.8	30.6	20.8		112.7
47	John Singh	Saltaire Striders	MSEN		-	36.7	47.0	28.7		112.4
48	Dave Parker	St Theresa's AC	M50		-	33.6	41.5	33.7		108.7
49	Alison Wainwright	Dark Peak Fell Runners	W50	39.0	-	32.2	29.1	28.5		100.3
50	Andrew Sutton		M40	44.3	-	52.1				96.4
51	Steve Wathall	Black Combe Runners	M60	37.9	-	33.4	22.3	19.1		93.7
52	Julie Carter	Keswick AC	W50	26.9	-	31.2	34.6	16.1		92.8
53	Paul Simpson	Ambleside AC	M50	33.2	-	28.2		29.0		90.4
54	Jo Simpson	Ambleside AC	WSEN	33.2	-	28.2		19.6		81.0
55	Scott White	Keswick AC	M40		-	40.0	38.5			78.6
56	Helene Whitaker	Harrogate Harriers & AC	W50	43.5	-	34.9				78.4
57	Roy Gibson	Kendal Amateur Athletic Cl	M60	44.5	-		33.0			77.4
58	Daniel Clayton		M40		-	38.5	37.2			75.7
59	Gary Bradley	Barlick Fell Runners	M50	41.5	-	34.2				75.7
60	Tania Wilson	Buxton AC	W50	32.7	-	29.4				62.1
61	Steven O'Keeffe	Northern Fells Running Clut	M50		-	38.5	22.5			61.0
62	David Brock	Orion Harriers	M60		-	20.8	35.8			56.6
63	Tanya Shepherd	Horsforth Fellandale Club	WSEN		-	8.1	42.2			50.3

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				<u>Duddon</u>	<u>Ennerdale</u>	<u>Buttermere</u>	<u>Wasdale</u>	<u>Borrowdale</u>	<u>Three Shires</u>	
64	Rick Ansell	Tring RC	M60	25.3	-	23.0			48.3	
65	Francis Wooff	Chorlton Runners	M50	0.0	-	0.8			0.8	