

| Open | | | | | | |
|------------|-----------------------|-------------------------------------|-----------------|-------------|-------------------|-----------------|
| <u>Pos</u> | <u>Name</u> | <u>Club</u> | <u>Category</u> | <u>Time</u> | <u>LCT points</u> | <u>W points</u> |
| 1 | Luke Fisher | Carnethy Hill Running Club | MSEN | 1:51:22 | 100.0 | |
| 2 | Finlay Grant | Dark Peak Fell Runners | MU23 | 1:52:26 | 99.0 | |
| 3 | Ben Sharrock | Ambleside AC | MU23 | 1:52:32 | 99.0 | |
| 4 | Samuel Tosh | Carnethy Hill Running Club | MSEN | 1:54:47 | 96.9 | |
| 5 | Harry Bolton | Keswick AC | MSEN | 1:57:27 | 94.5 | |
| 6 | Matthew Atkinson | Keswick AC | MSEN | 1:57:37 | 94.4 | |
| 7 | Sam Dixon | Helm Hill Runners | MSEN | 2:00:40 | 91.6 | |
| 8 | Kieran Hodgson | Helm Hill Runners | M40 | 2:04:36 | 88.1 | |
| 9 | Joel Taylor | City of York AC | MU23 | 2:06:02 | 86.8 | |
| 10 | Tom Simpson | Ambleside AC | MSEN | 2:06:44 | 86.2 | |
| 11 | Ian Holmes | Bingley Harriers & AC | M50 | 2:06:46 | 86.2 | |
| 12 | Harry Cooling | Howgill Harriers | MSEN | 2:07:35 | 85.4 | |
| 13 | James Harris | Ambleside AC | MSEN | 2:10:50 | 82.5 | |
| 14 | Jack Holman | Ambleside AC | MSEN | 2:13:23 | 80.2 | |
| 15 | Cynog Williams | Dark Peak Fell Runners | MU23 | 2:13:27 | 80.2 | |
| 16 | Matt Brindle | Ambleside AC | M40 | 2:13:32 | 80.1 | |
| 17 | David Jackson | Achille Ratti Climbing Club | M40 | 2:14:04 | 79.6 | |
| 18 | Ben Abdelnoor | Ambleside AC | M40 | 2:14:48 | 79.0 | |
| 19 | Josh Hartley | Black Combe Runners | MSEN | 2:14:50 | 78.9 | |
| 20 | Jack Simpson | Helm Hill Runners | MSEN | 2:16:45 | 77.2 | |
| 21 | Simon Bell | Ilkley Harriers AC | MSEN | 2:16:52 | 77.1 | |
| 22 | Chris Webb | Glossopdale Harriers | M40 | 2:16:55 | 77.1 | |
| 23 | Andrew Jebb | Bingley Harriers & AC | M40 | 2:17:31 | 76.5 | |
| 24 | Sam Wainwright | Ochil Hill Runners | MSEN | 2:17:50 | 76.2 | |
| 25 | Matt Reedy | Ambleside AC | M40 | 2:18:02 | 76.1 | |
| 26 | Will Broad | Ashbourne Running Club | MSEN | 2:20:06 | 74.2 | |
| 27 | Julian Goudge | Horwich R M I Harriers | M50 | 2:20:12 | 74.1 | |
| 28 | Joe Todd | Kendal Amateur Athletic Club | M40 | 2:22:39 | 71.9 | |
| 29 | Will Silvie | Black Combe Runners | MSEN | 2:22:54 | 71.7 | |
| 30 | Danny Hope | Horwich R M I Harriers | M40 | 2:23:49 | 70.9 | |
| 31 | Tim Campbell | Eden Runners | M50 | 2:24:00 | 70.7 | |
| 32 | Gavin Lamb | Ilkley Harriers AC | M40 | 2:24:36 | 70.2 | |
| 33 | Philip Withnall | Lonsdale Fell Runners | MSEN | 2:24:40 | 70.1 | |
| 34 | Nick Sharp | Ambleside AC | M50 | 2:25:23 | 69.5 | |
| 35 | Steven Corney | Ashbourne Running Club | MSEN | 2:26:01 | 68.9 | |
| 36 | Andy Laycock | Clayton-le-Moors Harriers | MSEN | 2:26:10 | 68.8 | |
| 37 | Matthew Spoor | Dark Peak Fell Runners | MSEN | 2:26:57 | 68.0 | |
| 38 | Charlie McIntosh | Pudsey & Bramley AC | M50 | 2:27:10 | 67.9 | |
| 39 | Mark Roberts | Borrowdale Fell Runners | M60 | 2:27:41 | 67.4 | |
| 40 | Joe Rigby | | M40 | 2:28:20 | 66.8 | |
| 41 | Dominic Raby | Chorley Athletic and Triathlon Club | M50 | 2:29:24 | 65.8 | |
| 42 | John Hannah | | MSEN | 2:30:12 | 65.1 | |
| 43 | Christopher Balderson | Bowland Fell Runners | M50 | 2:31:54 | 63.6 | |
| 44 | Ben Holmes | Keswick AC | MSEN | 2:31:57 | 63.6 | |
| 45 | Ross Bell | Eden Runners | MSEN | 2:32:02 | 63.5 | |
| 46 | Frances Collett | Dark Peak Fell Runners | WSEN | 2:32:05 | 63.4 | 100.0 |
| 47 | Stephen Pearce | Eden Runners | M40 | 2:32:11 | 63.3 | |
| 48 | Ed Gamble | Cheshire Hill Racers | M50 | 2:32:36 | 63.0 | |
| 49 | John Evason | Black Combe Runners | M40 | 2:32:42 | 62.9 | |
| 50 | David Fort | Clayton-le-Moors Harriers | M50 | 2:32:59 | 62.6 | |
| 51 | Philip Pearson | Northern Fells Running Club | M60 | 2:33:19 | 62.3 | |
| 52 | Jacob Hiom | Keswick AC | MSEN | 2:33:42 | 62.0 | |
| 53 | John Millen | Helm Hill Runners | M40 | 2:33:53 | 61.8 | |
| 54 | Ethan Furness | Black Combe Runners | MSEN | 2:34:13 | 61.5 | |
| 55 | David Riding | Achille Ratti Climbing Club | M40 | 2:34:25 | 61.3 | |
| 56 | Jodie Gray | Keswick AC | WSEN | 2:34:54 | 60.9 | 98.1 |
| 57 | Michael Malyon | Baildon Runners | M40 | 2:36:19 | 59.6 | |
| 58 | Phil Riley | Helm Hill Runners | M40 | 2:36:27 | 59.5 | |
| 59 | Jonathan Fletcher | | MSEN | 2:36:35 | 59.4 | |
| 60 | Mike Johnson | Bowland Fell Runners | M60 | 2:36:56 | 59.1 | |
| 61 | Benjamin Hunter | Dark Peak Fell Runners | MSEN | 2:36:59 | 59.0 | |
| 62 | Dan Bell | Ambleside AC | MSEN | 2:37:01 | 59.0 | |
| 63 | Frank Morgan | Settle Harriers | MU23 | 2:37:06 | 58.9 | |
| 64 | Joe Blackett | Dark Peak Fell Runners | M50 | 2:37:51 | 58.3 | |
| 65 | Lauren Munro-Bennett | Ambleside AC | WSEN | 2:38:04 | 58.1 | 96.1 |
| 66 | Stephen Smithies | Calder Valley Fell Runners | M50 | 2:38:40 | 57.5 | |
| 67 | Adam Jackson | Northern Fells Running Club | M50 | 2:39:24 | 56.9 | |
| 68 | Joey Umpleby | Kendal Amateur Athletic Club | MU23 | 2:39:26 | 56.8 | |
| 69 | Daniel Miller | Billinge Running Club | MSEN | 2:39:38 | 56.7 | |

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| 70 | David Lund | Ambleside AC | M40 | 2:39:41 | 56.6 | |
| 71 | Chloe Lumsdon | Helm Hill Runners | WSEN | 2:41:19 | 55.1 | 93.9 |
| 72 | Ben Sheppard | Ilkley Harriers AC | M40 | 2:41:24 | 55.1 | |
| 73 | Tom Newberry | Billinge Running Club | MSEN | 2:41:59 | 54.5 | |
| 74 | Philippa Wakefield | Keswick AC | W40 | 2:42:05 | 54.5 | 93.4 |
| 75 | Sam Stell | | M40 | 2:42:12 | 54.4 | |
| 76 | Jamie Luxmoore | Ambleside AC | M40 | 2:42:15 | 54.3 | |
| 77 | Mike Hitchmough | Newburgh Nomads RC | M50 | 2:42:28 | 54.1 | |
| 78 | Floyd Ratcliffe | Mile High | MU23 | 2:43:15 | 53.4 | |
| 79 | James Freeman | | M40 | 2:43:39 | 53.1 | |
| 80 | Thomas Edwards | Leeds City AC | MSEN | 2:44:24 | 52.4 | |
| 81 | Matthew Harris | Helm Hill Runners | MSEN | 2:45:20 | 51.5 | |
| 82 | Oscar Hall | | MSEN | 2:45:22 | 51.5 | |
| 83 | Jacob Dyer | Helm Hill Runners | M50 | 2:45:35 | 51.3 | |
| 84 | Sophie Rylance | Ambleside AC | WU23 | 2:45:38 | 51.3 | 91.1 |
| 85 | Mark Whittaker | Clayton-le-Moors Harriers | M50 | 2:45:48 | 51.1 | |
| 86 | Matthew Bourne | Bowland Fell Runners | M50 | 2:45:53 | 51.0 | |
| 87 | Matthew Hindle | Cotswold Allrunners | MSEN | 2:46:36 | 50.4 | |
| 88 | Matthew Calow | | MSEN | 2:46:52 | 50.2 | |
| 89 | Tim Lofthouse | FRA | M60 | 2:47:02 | 50.0 | |
| 90 | Eleanor Wainwright | Dark Peak Fell Runners | WSEN | 2:47:09 | 49.9 | 90.1 |
| 91 | Paul Lambert | Settle Harriers | M50 | 2:47:12 | 49.9 | |
| 92 | Crispin Halsall | Bowland Fell Runners | M50 | 2:47:18 | 49.8 | |
| 93 | Sue Richmond | Pennine Fell Runners | W40 | 2:47:27 | 49.6 | 89.9 |
| 94 | Dalton Barham | Dark Peak Fell Runners | MSEN | 2:48:17 | 48.9 | |
| 95 | John Singh | Saltaire Striders | M40 | 2:49:47 | 47.5 | |
| 96 | Neil Weightman | Northern Fells Running Club | M50 | 2:49:50 | 47.5 | |
| 97 | Claire Nance | Lonsdale Fell Runners | WSEN | 2:50:00 | 47.4 | 88.2 |
| 98 | Christopher Barry | | MSEN | 2:51:03 | 46.4 | |
| 99 | Ben Naylor | Preston Harriers | MSEN | 2:51:09 | 46.3 | |
| 100 | Colin Moses | Wharfedale Harriers | M50 | 2:51:58 | 45.6 | |
| 101 | Sean Prendiville | | M40 | 2:52:09 | 45.4 | |
| 102 | Katherine Klunder | Chorley Athletic and Triathlon Club | W40 | 2:52:21 | 45.2 | 86.7 |
| 103 | Dave Sykes | Dark Peak Fell Runners | M50 | 2:53:31 | 44.2 | |
| 104 | Jane Reedy | Ambleside AC | W40 | 2:53:44 | 44.0 | 85.8 |
| 105 | Mick Procter | Clayton-le-Moors Harriers | M50 | 2:53:47 | 44.0 | |
| 106 | James McMurtry | Ashbourne Running Club | M50 | 2:53:50 | 43.9 | |
| 107 | Littledave Cumins | Mow Cop Runners | M50 | 2:54:16 | 43.5 | |
| 108 | Jim Turner | Bowland Fell Runners | M40 | 2:54:29 | 43.3 | |
| 109 | Edward Box | Ambleside AC | M40 | 2:54:31 | 43.3 | |
| 110 | Andrew Roberts | Macclesfield Harriers & AC | M50 | 2:54:36 | 43.2 | |
| 111 | Sam Robinson | | MSEN | 2:55:41 | 42.2 | |
| 112 | Michael Lucas | Bowland Fell Runners | MSEN | 2:55:55 | 42.0 | |
| 113 | Ed Poulter | | M40 | 2:56:06 | 41.9 | |
| 114 | Jenny Caddick | Dark Peak Fell Runners | W50 | 2:57:00 | 41.1 | 83.6 |
| 115 | John Osborne | Settle Harriers | M50 | 2:57:43 | 40.4 | |
| 116 | Sarah Sigsworth | Ambleside AC | WSEN | 2:57:49 | 40.3 | 83.1 |
| 117 | Andrew Greenstock | Ranelagh Harriers | M50 | 2:58:23 | 39.8 | |
| 118 | Matthew Downes | Ashbourne Running Club | MSEN | 2:58:30 | 39.7 | |
| 119 | Mathew Hendery | Ashbourne Running Club | MSEN | 2:58:31 | 39.7 | |
| 120 | Stephen Ireland | | M40 | 2:58:50 | 39.4 | |
| 121 | Daniel Clayton | | M40 | 2:59:19 | 39.0 | |
| 122 | Clare Cummings | Chorlton Runners | WSEN | 2:59:25 | 38.9 | 82.0 |
| 123 | Jonathan Russell | | M40 | 2:59:46 | 38.6 | |
| 124 | Ashley Kay | Dark Peak Fell Runners | M60 | 3:00:11 | 38.2 | |
| 125 | Michael Clayton | | M40 | 3:00:58 | 37.5 | |
| 126 | Nick Helliwell | Ilkley Harriers AC | M40 | 3:01:04 | 37.4 | |
| 127 | Tanya Shepherd | Horsforth Fellandale Club | WSEN | 3:01:08 | 37.4 | 80.9 |
| 128 | Oliver Richards | Otley AC | M40 | 3:01:20 | 37.2 | |
| 129 | Ralph Baines | Clayton-le-Moors Harriers | M50 | 3:01:32 | 37.0 | |
| 130 | Roy Gibson | Ambleside AC | M60 | 3:01:34 | 37.0 | |
| 131 | Rebecca Illingworth | Eden Runners | WSEN | 3:01:48 | 36.8 | 80.5 |
| 132 | Tony Little | Bowland Fell Runners | M50 | 3:02:10 | 36.4 | |
| 133 | James Burton | | M40 | 3:02:22 | 36.2 | |
| 134 | Daniel Rylett | Didcot Runners | MSEN | 3:02:53 | 35.8 | |
| 135 | Paul Coope | Bowland Fell Runners | M50 | 3:03:06 | 35.6 | |
| 136 | Paul Simpson | Ambleside AC | M60 | 3:03:27 | 35.3 | |
| 137 | Andrew Miles | | MSEN | 3:04:18 | 34.5 | |
| 138 | Rachel Towe | Ambleside AC | W40 | 3:04:29 | 34.3 | 78.7 |
| 139 | Andy Haines | Holcombe Harriers | M40 | 3:04:42 | 34.2 | |
| 140 | Laura Mccabe | Otley AC | W40 | 3:04:44 | 34.1 | 78.5 |

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| 141 | Peter Carvell | Macclesfield Harriers & AC | M40 | 3:04:46 | 34.1 | |
| 142 | Jean Powell | Wharfedale Harriers | W50 | 3:04:51 | 34.0 | 78.5 |
| 143 | Gavin Roper | Calder Valley Fell Runners | M40 | 3:05:48 | 33.2 | |
| 144 | Thomas Millard | | M50 | 3:06:25 | 32.6 | |
| 145 | Leigh Warburton | Bowland Fell Runners | M60 | 3:06:44 | 32.3 | |
| 146 | Tom Kelly | | MSEN | 3:06:45 | 32.3 | |
| 147 | Kenneth Murphy | Lonsdale Fell Runners | M50 | 3:07:24 | 31.7 | |
| 148 | Arthur Adams | | M40 | 3:07:27 | 31.7 | |
| 149 | Bill Beckett | Chorley Athletic and Triathlon Club | M50 | 3:07:53 | 31.3 | |
| 150 | Laurence Martin | Pudsey & Bramley AC | M40 | 3:11:39 | 27.9 | |
| 151 | Greg Rimmer | Dark Peak Fell Runners | M60 | 3:11:44 | 27.8 | |
| 152 | Matthew Robinson | Newburgh Nomads RC | M40 | 3:11:55 | 27.7 | |
| 153 | David Langridge | Bollington Harriers | M40 | 3:12:22 | 27.3 | |
| 154 | Alison Weston | Ilkley Harriers AC | W50 | 3:12:32 | 27.1 | 73.4 |
| 155 | Andy Holden | Achille Ratti Climbing Club | M50 | 3:12:36 | 27.1 | |
| 156 | Gillian Atkinson | Keswick AC | W50 | 3:13:14 | 26.5 | 72.9 |
| 157 | Joseph Kennaugh | | MU23 | 3:13:40 | 26.1 | |
| 158 | Sarah Andrew | Glossopdale Harriers | W40 | 3:14:16 | 25.6 | 72.3 |
| 159 | Dave Greaves | Black Combe Runners | M40 | 3:14:18 | 25.5 | |
| 160 | Mike Innerdale | Eden Runners | M50 | 3:14:48 | 25.1 | |
| 161 | Kelly Wilby | Ilkley Harriers AC | W40 | 3:15:04 | 24.8 | 71.7 |
| 162 | Luke Dyer | | MSEN | 3:15:14 | 24.7 | |
| 163 | Caroline Harding | Pudsey & Bramley AC | W50 | 3:16:19 | 23.7 | 70.9 |
| 164 | Alice Gamble | Dark Peak Fell Runners | WU23 | 3:16:46 | 23.3 | 70.6 |
| 165 | Kate Ayres | Ambleside AC | W60 | 3:17:19 | 22.8 | 70.3 |
| 166 | Chad Dixon | Keswick AC | M40 | 3:17:50 | 22.4 | |
| 167 | Mark Nutter | Clayton-le-Moors Harriers | M60 | 3:18:00 | 22.2 | |
| 168 | Amicia Lee | Bingley Harriers & AC | WSEN | 3:18:02 | 22.2 | 69.8 |
| 169 | Hugh Lindsay | | MSEN | 3:18:56 | 21.4 | |
| 170 | John Miles | Ambleside AC | M40 | 3:19:09 | 21.2 | |
| 171 | Richard Thatcher | Ramsbottom Running Club | MSEN | 3:19:16 | 21.1 | |
| 172 | Anna Oakes-Monger | | WSEN | 3:19:20 | 21.0 | 68.9 |
| 173 | Carrie Gibson | Helm Hill Runners | W50 | 3:19:33 | 20.8 | 68.8 |
| 174 | Annabelle Innerdale | Eden Runners | W50 | 3:19:35 | 20.8 | 68.8 |
| 175 | Paul Richardson | Saltwell Harriers | M40 | 3:20:15 | 20.2 | |
| 176 | Richard Kennaugh | Altrincham & District Athletic Club I | M50 | 3:20:21 | 20.1 | |
| 177 | Sharif Shivji | | M40 | 3:20:49 | 19.7 | |
| 178 | Stuart Russell | Calder Valley Fell Runners | M50 | 3:21:25 | 19.1 | |
| 179 | Robert Salawa-Adam | | MSEN | 3:21:30 | 19.1 | |
| 180 | Natasha Coveney | | WSEN | 3:21:50 | 18.8 | 67.3 |
| 181 | Jack Tyrrie | | MSEN | 3:21:53 | 18.7 | |
| 182 | Kenneth Taylor | Rossendale Harriers & AC | M70 | 3:21:59 | 18.6 | |
| 183 | Edward Ingham | | M50 | 3:22:06 | 18.5 | |
| 184 | Ian Hewitt | Eden Runners | M40 | 3:24:08 | 16.7 | |
| 185 | Pete Hopley | Ambleside AC | M50 | 3:24:28 | 16.4 | |
| 186 | Charlotte Gale | | WSEN | 3:25:42 | 15.3 | 64.7 |
| 187 | Alison Wainwright | Dark Peak Fell Runners | W50 | 3:25:44 | 15.3 | 64.7 |
| 188 | John Thompson | Newburgh Nomads RC | M50 | 3:27:13 | 13.9 | |
| 189 | David Reeves | Buxton AC | M50 | 3:27:17 | 13.9 | |
| 190 | Sara Staniek | Ambleside AC | W60 | 3:27:56 | 13.3 | 63.3 |
| 191 | William Ross | Black Combe Runners | M50 | 3:31:34 | 10.0 | |
| 192 | James Ritchie | Carnethy Hill Running Club | MSEN | 3:31:40 | 9.9 | |
| 193 | Keith G Holmes | Dark Peak Fell Runners | M60 | 3:31:43 | 9.9 | |
| 194 | Lucy Ritchie | Carnethy Hill Running Club | WSEN | 3:31:48 | 9.8 | 60.7 |
| 195 | Matt Clegg | Otley AC | M40 | 3:32:09 | 9.5 | |
| 196 | Wendy Dodds | Dallam Running Club | W70 | 3:32:39 | 9.1 | 60.2 |
| 197 | Jo Armistead | Settle Harriers | W40 | 3:34:42 | 7.2 | 58.8 |
| 198 | Tatiana Nicholson | | W50 | 3:35:06 | 6.9 | 58.6 |
| 199 | James Goffe | Black Combe Runners | M60 | 3:35:30 | 6.5 | |
| 200 | Rebecca Cleator | Black Combe Runners | WSEN | 3:36:10 | 5.9 | 57.9 |
| 201 | Simon Stansfield | Clayton-le-Moors Harriers | M40 | 3:37:34 | 4.6 | |
| 202 | Andrew Turner | Ambleside AC | M60 | 3:38:24 | 3.9 | |
| 203 | Stephen Baker | Chorley Athletic and Triathlon Club | M60 | 3:38:41 | 3.6 | |
| 204 | Alison Phillips | Eden Runners | W50 | 3:38:51 | 3.5 | 56.1 |
| 205 | Monica Staniek | Ambleside AC | WSEN | 3:39:03 | 3.3 | 56.0 |
| 206 | Lesley Malarkey | Keswick AC | W70 | 3:39:11 | 3.2 | 55.9 |
| 207 | Amy Sheppard | Nidd Valley Road Runners | W40 | 3:39:29 | 2.9 | 55.7 |
| 208 | Amanda Graham | Cumberland Fell Runners | W50 | 3:39:38 | 2.8 | 55.6 |
| 209 | Sue Ross | Black Combe Runners | W40 | 3:40:55 | 1.6 | 54.7 |
| 210 | Richard Rose-Coulthard | | MSEN | 3:42:18 | 0.4 | |
| 211 | Chris Randall | Goyt Valley Striders | M40 | 3:43:14 | 0.0 | |

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| 212 | Brian Horn | Borrowdale Fell Runners | M60 | 3:52:33 | 0.0 | |
| 213 | Anthony Spicer | Rossendale Harriers & AC | M70 | 3:53:12 | 0.0 | |
| 214 | Donna Claridge | Dark Peak Fell Runners | W50 | 3:55:14 | 0.0 | 45.3 |
| 215 | Andrew Butcher | Keswick AC | M50 | 4:00:23 | 0.0 | |
| 216 | Helen Greenep | Settle Harriers | W50 | 4:01:03 | 0.0 | 41.5 |
| 217 | Deb Bassett | Otley AC | W40 | 4:03:05 | 0.0 | 40.2 |
| 218 | Xian Zhao | | WSEN | 4:03:43 | 0.0 | 39.7 |
| 219 | Jonathan Tombs | Eden Runners | M50 | 4:03:57 | 0.0 | |
| 220 | Denise Tunstall | Durham Fell Runners | W50 | 4:04:08 | 0.0 | 39.5 |
| 221 | Catherine Speakman | Settle Harriers | W40 | 4:06:42 | 0.0 | 37.8 |
| 222 | Robert Webb | Lonsdale Fell Runners | MSEN | 4:11:25 | 0.0 | |
| 223 | Mark Graham | Cumberland Fell Runners | M60 | 4:11:28 | 0.0 | |
| 224 | Richard Wilson | MDC (Mynyddwyr De Cymru) | M70 | 4:21:15 | 0.0 | |

Female

| <u>Pos</u> | <u>Name</u> | <u>Club</u> | <u>Category</u> | <u>Time</u> | <u>LCT points</u> | <u>W points</u> |
|------------|----------------------|-------------------------------------|-----------------|-------------|-------------------|-----------------|
| 1 | Frances Collett | Dark Peak Fell Runners | WSEN | 2:32:05 | 63.4 | 100.0 |
| 2 | Jodie Gray | Keswick AC | WSEN | 2:34:54 | 60.9 | 98.1 |
| 3 | Lauren Munro-Bennett | Ambleside AC | WSEN | 2:38:04 | 58.1 | 96.1 |
| 4 | Chloe Lumsdon | Helm Hill Runners | WSEN | 2:41:19 | 55.1 | 93.9 |
| 5 | Philippa Wakefield | Keswick AC | W40 | 2:42:05 | 54.5 | 93.4 |
| 6 | Sophie Rylance | Ambleside AC | WU23 | 2:45:38 | 51.3 | 91.1 |
| 7 | Eleanor Wainwright | Dark Peak Fell Runners | WSEN | 2:47:09 | 49.9 | 90.1 |
| 8 | Sue Richmond | Pennine Fell Runners | W40 | 2:47:27 | 49.6 | 89.9 |
| 9 | Claire Nance | Lonsdale Fell Runners | WSEN | 2:50:00 | 47.4 | 88.2 |
| 10 | Katherine Klunder | Chorley Athletic and Triathlon Club | W40 | 2:52:21 | 45.2 | 86.7 |
| 11 | Jane Reedy | Ambleside AC | W40 | 2:53:44 | 44.0 | 85.8 |
| 12 | Jenny Caddick | Dark Peak Fell Runners | W50 | 2:57:00 | 41.1 | 83.6 |
| 13 | Sarah Sigsworth | Ambleside AC | WSEN | 2:57:49 | 40.3 | 83.1 |
| 14 | Clare Cummings | Chorlton Runners | WSEN | 2:59:25 | 38.9 | 82.0 |
| 15 | Tanya Shepherd | Horsforth Fellandale Club | WSEN | 3:01:08 | 37.4 | 80.9 |
| 16 | Rebecca Illingworth | Eden Runners | WSEN | 3:01:48 | 36.8 | 80.5 |
| 17 | Rachel Towe | Ambleside AC | W40 | 3:04:29 | 34.3 | 78.7 |
| 18 | Laura Mccabe | Otley AC | W40 | 3:04:44 | 34.1 | 78.5 |
| 19 | Jean Powell | Wharfedale Harriers | W50 | 3:04:51 | 34.0 | 78.5 |
| 20 | Alison Weston | Ilkley Harriers AC | W50 | 3:12:32 | 27.1 | 73.4 |
| 21 | Gillian Atkinson | Keswick AC | W50 | 3:13:14 | 26.5 | 72.9 |
| 22 | Sarah Andrew | Glossopdale Harriers | W40 | 3:14:16 | 25.6 | 72.3 |
| 23 | Kelly Wilby | Ilkley Harriers AC | W40 | 3:15:04 | 24.8 | 71.7 |
| 24 | Caroline Harding | Pudsey & Bramley AC | W50 | 3:16:19 | 23.7 | 70.9 |
| 25 | Alice Gamble | Dark Peak Fell Runners | WU23 | 3:16:46 | 23.3 | 70.6 |
| 26 | Kate Ayres | Ambleside AC | W60 | 3:17:19 | 22.8 | 70.3 |
| 27 | Amicia Lee | Bingley Harriers & AC | WSEN | 3:18:02 | 22.2 | 69.8 |
| 28 | Anna Oakes-Monger | | WSEN | 3:19:20 | 21.0 | 68.9 |
| 29 | Carrie Gibson | Helm Hill Runners | W50 | 3:19:33 | 20.8 | 68.8 |
| 30 | Annabelle Innerdale | Eden Runners | W50 | 3:19:35 | 20.8 | 68.8 |
| 31 | Natasha Coveney | | WSEN | 3:21:50 | 18.8 | 67.3 |
| 32 | Charlotte Gale | | WSEN | 3:25:42 | 15.3 | 64.7 |
| 33 | Alison Wainwright | Dark Peak Fell Runners | W50 | 3:25:44 | 15.3 | 64.7 |
| 34 | Sara Staniek | Ambleside AC | W60 | 3:27:56 | 13.3 | 63.3 |
| 35 | Lucy Ritchie | Carnethy Hill Running Club | WSEN | 3:31:48 | 9.8 | 60.7 |
| 36 | Wendy Dodds | Dallam Running Club | W70 | 3:32:39 | 9.1 | 60.2 |
| 37 | Jo Armistead | Settle Harriers | W40 | 3:34:42 | 7.2 | 58.8 |
| 38 | Tatiana Nicholson | | W50 | 3:35:06 | 6.9 | 58.6 |
| 39 | Rebecca Cleator | Black Combe Runners | WSEN | 3:36:10 | 5.9 | 57.9 |
| 40 | Alison Phillips | Eden Runners | W50 | 3:38:51 | 3.5 | 56.1 |
| 41 | Monica Staniek | Ambleside AC | WSEN | 3:39:03 | 3.3 | 56.0 |
| 42 | Lesley Malarkey | Keswick AC | W70 | 3:39:11 | 3.2 | 55.9 |
| 43 | Amy Sheppard | Nidd Valley Road Runners | W40 | 3:39:29 | 2.9 | 55.7 |
| 44 | Amanda Graham | Cumberland Fell Runners | W50 | 3:39:38 | 2.8 | 55.6 |
| 45 | Sue Ross | Black Combe Runners | W40 | 3:40:55 | 1.6 | 54.7 |
| 46 | Donna Claridge | Dark Peak Fell Runners | W50 | 3:55:14 | 0.0 | 45.3 |
| 47 | Helen Greenep | Settle Harriers | W50 | 4:01:03 | 0.0 | 41.5 |
| 48 | Deb Bassett | Otley AC | W40 | 4:03:05 | 0.0 | 40.2 |
| 49 | Xian Zhao | | WSEN | 4:03:43 | 0.0 | 39.7 |
| 50 | Denise Tunstall | Durham Fell Runners | W50 | 4:04:08 | 0.0 | 39.5 |
| 51 | Catherine Speakman | Settle Harriers | W40 | 4:06:42 | 0.0 | 37.8 |

Open teams

| <u>Pos</u> | <u>Team</u> | <u>Team points</u> | <u>counter1</u> | <u>counter2</u> | <u>counter3</u> |
|------------|--------------|--------------------|-----------------|-----------------|-----------------|
| 1 | Ambleside AC | 89.2 | Ben Sharrock | Tom Simpson | James Harris |

| | | | | | |
|----|--------------------------------|------|-----------------------|-------------------|------------------|
| 2 | Helm Hill Runners | 85.7 | Sam Dixon | Kieran Hodgson | Jack Simpson |
| 3 | Keswick AC | 84.2 | Harry Bolton | Matthew Atkinson | Ben Holmes |
| 4 | Dark Peak Fell Runners | 82.4 | Finlay Grant | Cynog Williams | Matthew Spoor |
| 5 | Black Combe Runners | 71.2 | Josh Hartley | Will Silvie | John Evason |
| 6 | Carnethy Hill Running Club | 69.0 | Luke Fisher | Samuel Tosh | James Ritchie |
| 7 | Ilkley Harriers AC | 67.4 | Simon Bell | Gavin Lamb | Ben Sheppard |
| 8 | Eden Runners | 65.8 | Tim Campbell | Ross Bell | Stephen Pearce |
| 9 | Ashbourne Running Club | 62.3 | Will Broad | Steven Corney | James McMurtry |
| 10 | Bingley Harriers & AC | 61.6 | Ian Holmes | Andrew Jebb | Amicia Lee |
| 11 | Clayton-le-Moors Harriers | 60.8 | Andy Laycock | David Fort | Mark Whittaker |
| 12 | Bowland Fell Runners | 57.9 | Christopher Balderson | Mike Johnson | Matthew Bourne |
| 13 | Achille Ratti Climbing Club | 56.0 | David Jackson | David Riding | Andy Holden |
| 14 | Northern Fells Running Club | 55.6 | Philip Pearson | Adam Jackson | Neil Weightman |
| 15 | Settle Harriers | 49.7 | Frank Morgan | Paul Lambert | John Osborne |
| 16 | Lonsdale Fell Runners | 49.7 | Philip Withnall | Claire Nance | Kenneth Murphy |
| 17 | Chorley Athletic and Triathlon | 47.5 | Dominic Raby | Katherine Klunder | Bill Beckett |
| 18 | Pudsey & Bramley AC | 39.8 | Charlie Mcintosh | Laurence Martin | Caroline Harding |
| 19 | Calder Valley Fell Runners | 36.6 | Stephen Smithies | Gavin Roper | Stuart Russell |
| 20 | Newburgh Nomads RC | 31.9 | Mike Hitchmough | Matthew Robinson | John Thompson |
| 21 | Otley AC | 26.9 | Oliver Richards | Laura Mccabe | Matt Clegg |

Female teams

| <u>Pos</u> | <u>Team</u> | <u>Team points</u> | <u>counter1</u> | <u>counter2</u> | <u>counter3</u> |
|------------|------------------------|--------------------|----------------------|---------------------|--------------------|
| 1 | Dark Peak Fell Runners | 91.2 | Frances Collett | Eleanor Wainwright | Jenny Caddick |
| 2 | Ambleside AC | 91.0 | Lauren Munro-Bennett | Sophie Rylance | Jane Reedy |
| 3 | Keswick AC | 88.2 | Jodie Gray | Philippa Wakefield | Gillian Atkinson |
| 4 | Eden Runners | 68.4 | Rebecca Illingworth | Annabelle Innerdale | Alison Phillips |
| 5 | Settle Harriers | 46.0 | Jo Armistead | Helen Greenep | Catherine Speakman |