

<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Category</u>	<u>Time</u>	<u>LCT points</u>	<u>W points</u>
1	Finlay Wild	Lochaber Athletic Club	MSEN	3:46:33	100.0	
2	Brennan Townshend	Keswick AC	MSEN	3:50:24	98.3	
3	Lawrence McCourt	Morpeth Harriers & AC	MSEN	4:07:42	90.7	
4	James Harris	Ambleside AC	MSEN	4:15:24	87.3	
5	Sam Dixon	Helm Hill Runners	MSEN	4:16:59	86.6	
6	Philip Rutter	Helm Hill Runners	MSEN	4:19:49	85.3	
7	Oli Murphy	Ilkley Harriers AC	MSEN	4:24:37	83.2	
8	Tom Simpson	Ambleside AC	MSEN	4:27:57	81.7	
9	Steve Jacques	Ambleside AC	M40	4:30:52	80.4	
10	Ben Abdelnoor	Ambleside AC	M40	4:31:15	80.3	
11	Matthew Christian	Manx Fell Runners	MSEN	4:32:57	79.5	
12	Matt Brindle	Ambleside AC	M40	4:39:22	76.7	
13	Mark Burley	Macclesfield Harriers & AC	MSEN	4:44:48	74.3	
14	Josh Hartley	Black Combe Runners	MSEN	4:45:05	74.2	
15	Brian Mullins	St. Finbarrs AC	M40	4:50:17	71.9	
16	Thomas Dobbing	Durham Fell Runners	MSEN	4:57:10	68.8	
17	Will Silvie	Black Combe Runners	MSEN	4:58:16	68.3	
18	John Hunt	Dark Peak Fell Runners	M50	5:00:30	67.4	
19	Steve Hopwood	Ambleside AC	MSEN	5:01:18	67.0	
20	Victoria Thompson	Helm Hill Runners	WSEN	5:01:22	67.0	100.0
21	Tom Watt	Ambleside AC	MSEN	5:05:41	65.1	
22	Francis Blunt	Kuusankosken Urheiluseura	MSEN	5:06:13	64.8	
23	Andrew Schofield	Borrowdale Fell Runners	M50	5:06:45	64.6	
24	Max Saleh		MSEN	5:09:49	63.2	
25	Simon Bell	Ilkley Harriers AC	MSEN	5:10:36	62.9	
26	Joe Blackett	Dark Peak Fell Runners	M50	5:11:17	62.6	
27	Ben Tetler	Glossopdale Harriers	M40	5:14:06	61.4	
28	Dave Ward	Pennine Fell Runners	M40	5:16:50	60.1	
29	Jamie Lawler	Keswick AC	M40	5:16:51	60.1	
30	Emily Cowper-Coles	Denby Dale AC	WSEN	5:18:35	59.4	94.3
31	Tim Ripper	Black Combe Runners	MSEN	5:19:54	58.8	
32	Martin Wilson	Durham Fell Runners	M40	5:20:59	58.3	
33	Ross Coles	Cumberland Fell Runners	MSEN	5:25:08	56.5	
34	Nicholas Hopley		MSEN	5:25:11	56.5	
35	Philip Pearson	Northern Fells Running Club	M60	5:28:20	55.1	
36	Jack Gribbin	Ilkley Harriers AC	MSEN	5:28:34	55.0	
37	Charlie Lowther	Eden Runners	M40	5:29:50	54.4	
38	Ed Gamble	Cheshire Hill Racers	M50	5:33:07	53.0	
39	Michael Taylor	Pennine Fell Runners	MSEN	5:35:52	51.7	
40	Sue Richmond	Pennine Fell Runners	W40	5:36:47	51.3	88.2
41	Allen Flockhart	Carnethy Hill Racing Club	M40	5:36:56	51.3	
42	Emma Bramley	Keswick AC	WSEN	5:46:22	47.1	85.1
43	Javier Simon	Helm Hill Runners	M50	5:48:49	46.0	
44	Andrew Holmes	Pennine Fell Runners	M40	5:48:56	46.0	
45	David Fort	Clayton-le-Moors Harriers	M50	5:48:59	46.0	
46	Matthew Holroyd	Settle Harriers	MU23	5:52:12	44.5	
47	Peter Crompton	Cumberland Fell Runners	M60	5:53:47	43.8	
48	Calum Grant		MSEN	5:53:55	43.8	
49	Mike Tyrrie		M50	5:54:16	43.6	
50	John Skelton	Cumberland Fell Runners	M40	5:54:43	43.4	
51	Daniel Worsell	Cumberland Fell Runners	MSEN	5:54:59	43.3	
52	Lisa Parker	Rossendale Harriers & AC	W40	5:57:36	42.2	81.3
53	Clare Cummings	Chorlton Runners	WSEN	5:57:58	42.0	81.2
54	John Woodhouse	Durham Fell Runners	MSEN	5:58:03	42.0	
55	Christopher Barry		MSEN	5:59:32	41.3	
56	Paul Jackson	Dark Peak Fell Runners	M40	6:00:35	40.8	
57	Carol Morgan		W50	6:01:00	40.7	80.2
58	Sarah Andrew	Glossopdale Harriers	W40	6:01:23	40.5	80.1
59	Phil Wells	Calder Valley Fell Runners	M50	6:02:30	40.0	
60	David Lund	Ambleside AC	M40	6:04:00	39.3	
61	Paul Heeley	Horsforth Fellandale Club	M40	6:07:41	37.7	
62	Michael Lucas	Bowland Fell Runners	MSEN	6:08:37	37.3	

63	Jonathan Fletcher		MSEN	6:09:04	37.1	
64	Ian Ferguson	Bingley Harriers & AC	M60	6:10:06	36.6	
65	Mick Procter	Clayton-le-Moors Harriers	M50	6:12:54	35.4	
66	Rob Salter	Northumberland Fell Runners	M40	6:13:37	35.1	
67	Mungo Stacy		M40	6:16:05	34.0	
68	Tanya Shepherd	Horsforth Fellandale Club	WSEN	6:21:20	31.7	73.5
69	Stephen Coope	Bowland Fell Runners	M50	6:24:57	30.1	
70	James McMurtry	Ashbourne RC	M50	6:29:03	28.3	
71	Craig Kingston		M40	6:29:12	28.2	
72	Johnny Parsons	Pudsey & Bramley AC	M50	6:29:18	28.2	
73	Catherine Holden	Calder Valley Fell Runners	W40	6:31:26	27.2	70.1
74	Gavin Roper	Calder Valley Fell Runners	M40	6:32:22	26.8	
75	Chad Dixon	Keswick AC	M40	6:32:23	26.8	
76=	James Taylor		MSEN	6:40:08	23.4	
76=	Bruce Rigby		MSEN	6:40:08	23.4	
78	Jay McCurdy		MSEN	6:42:56	22.1	
79	Warwick Anderson	Pocklington Runners	M50	6:44:47	21.3	
80	Richard Thatcher	Ramsbottom Running Club	MSEN	6:48:40	19.6	
81	Sam Booth	Ramsbottom Running Club	MSEN	6:48:43	19.6	
82	Adam Malloy	Northumberland Fell Runners	M40	6:50:32	18.8	
83=	Philip O'Neil	Pennine Fell Runners	MSEN	6:52:04	18.1	
83=	Sim Musgreave		MSEN	6:52:04	18.1	
85	John Miles	Ambleside AC	M40	6:58:15	15.4	
86	James Bellarby	Bowland Fell Runners	M50	7:01:04	14.1	
87	Roy Gibson	Ambleside AC	M60	7:01:06	14.1	

<u>Pos</u>	<u>Team</u>	<u>Team points</u>	<u>counter1</u>	<u>counter2</u>	<u>counter3</u>
1	Ambleside AC	83.1	James Harris	Tom Simpson	Steve Jacques
2	Helm Hill Runners	79.6	Sam Dixon	Philip Rutter	Victoria Thompson
3	Keswick AC	68.5	Brennan Townshend	Jamie Lawler	Emma Bramley
4	Black Combe Runners	67.1	Josh Hartley	Will Silvie	Tim Ripper
5	Ilkley Harriers AC	67.0	Oli Murphy	Simon Bell	Jack Gribbin
6	Dark Peak Fell Runners	56.9	John Hunt	Joe Blackett	Paul Jackson
7	Durham Fell Runners	56.4	Thomas Dobbing	Martin Wilson	John Woodhouse
8	Pennine Fell Runners	54.4	Dave Ward	Michael Taylor	Sue Richmond
9	Cumberland Fell Runners	47.9	Ross Coles	Peter Crompton	John Skelton
10	Calder Valley Fell Runners	31.3	Phil Wells	Catherine Holden	Gavin Roper
11	Bowland Fell Runners	27.2	Michael Lucas	Stephen Coope	James Bellarby