Open	Super Long				Long		TOTAL
Pos Club	<u>Duddon</u>	<u>Ennerdale</u>	<u>Buttermere</u>	<u>Wasdale</u>	<u>Borrowdale</u>	<u>Langdale</u>	<b>POINTS</b>
1 Keswick AC	<del>79.80</del>	87.75	<del>72.45</del>	90.35	94.53	<del>82.41</del>	272.64
2 Ambleside AC	93.65	<del>78.74</del>	85.44	81.14	91.77	<del>87.40</del>	270.86
3 Helm Hill Runners	88.83	<del>73.48</del>	<del>61.79</del>	84.68	80.98	82.75	256.26
4 Dark Peak Fell Runners	81.25	69.60	<del>71.39</del>	87.19	<del>74.68</del>	87.32	255.77
5 Cumberland Fell Runners	<del>68.66</del>	83.26	<del>61.63</del>	80.76	74.82	43.39	238.84
6 Black Combe Runners	82.22	-	-	69.07	83.99	44.34	235.28
7 Eden Runners	-	-	76.14	74.70	<del>59.47</del>	69.82	220.66
8 Pennine Fell Runners	69.59	<del>58.44</del>	66.07	77.19	<del>54.21</del>	<del>57.97</del>	212.85
9 Macclesfield Harriers & AC	-	73.13	-	62.46	-	69.95	205.54
10 Calder Valley Fell Runners	67.03	-	-	72.05	44.27	-	183.35
11 Bowland Fell Runners	-	57.42	50.50	-	<del>56.30</del>	62.05	169.97
12 Clayton-le-Moors Harriers	40.34	-	-	42.57	54.49	<del>53.08</del>	137.40

<sup>\*</sup> Only qualifying clubs are shown; those which have fielded teams at two or more super long races, and have completed at least three races in total.

Female	Super Long				Long		TOTAL
Pos Club	<u>Duddon</u>	<u>Ennerdale</u>	<u>Buttermere</u>	<u>Wasdale</u>	<u>Borrowdale</u>	3Shires	<u>POINTS</u>
1 Ambleside AC	79.07	87.72	-	<del>65.16</del>	83.04	83.78	250.57
2 Dark Peak Fell Runners	75.06	85.46	-	85.26	<del>63.51</del>	<del>60.58</del>	245.78
3 Helm Hill Runners	-	-	72.13	83.38	<del>64.37</del>	76.27	231.78
4 Cumberland Fell Runners	46.54	-	52.62	51.97	-	-	151.13

<sup>\*</sup> Only qualifying clubs are shown; those which have fielded teams at two or more super long races, and have completed at least three races in total.