

<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Category</u>	<u>Time</u>	<u>LCT points</u>	<u>F points</u>
1	Finlay Wild	Lochaber Athletic Club	M40	3:49:01	100.00	
2	Tom Simpson	Ambleside AC	MSEN	4:10:29	90.63	
3	Tom Sabey	Maryport C.S.C	MSEN	4:22:38	85.32	
4	Matthew Atkinson	Keswick AC	MSEN	4:25:33	84.05	
5	Sam Dixon	Helm Hill Runners	MSEN	4:28:59	82.55	
6	Oliver Perratt	Mercia Fell Runners	MSEN	4:47:49	74.33	
7	Will Howard	Bowland Fell Runners	MSEN	4:54:33	71.38	
8	Andy Laycock	Clayton-le-Moors Harriers	MSEN	4:55:11	71.11	
9	Harry Cooling	Howgill Harriers	MSEN	4:55:33	70.95	
10	Chris Webb	Glossopdale Harriers	M40	5:03:52	67.32	
11	Adam Perry	Helm Hill Runners	MSEN	5:06:27	66.19	
12	Alistair Palmer	Preston Harriers	MSEN	5:09:36	64.81	
13	Sean Leckey	Ambleside AC	MSEN	5:12:39	63.48	
14	Matthew Spoor	Dark Peak Fell Runners	MSEN	5:12:57	63.35	
15	Neil Ibata	Thames Hare & Hounds	MSEN	5:16:53	61.63	
16	Will Carter	Dark Peak Fell Runners	MSEN	5:20:25	60.09	
17	James Stuart	Mercia Fell Runners	M50	5:24:22	58.37	
18	Callum Keen	Durham Fell Runners	MSEN	5:25:34	57.84	
19	Dan Gilbert	Horwich R M I Harriers	M50	5:26:32	57.42	
20	Daniel Barton	Keswick AC	M40	5:27:05	57.18	
21	John Hunt	Dark Peak Fell Runners	M50	5:33:32	54.36	
22	Lloyd Clayburn	Dark Peak Fell Runners	MSEN	5:39:45	51.65	
23	Tom Lynch	Ambleside AC	M40	5:39:51	51.60	
24	Thomas Priestley	Ambleside AC	MSEN	5:40:56	51.13	
25	Alex Clarkson	Kent AC	MSEN	5:45:09	49.29	
26	Tim Culshaw	Saddleworth Runners Club	MSEN	5:47:14	48.38	
27	Sue Richmond	Pennine Fell Runners	F40	5:56:16	44.44	100.00
28	Adam Malloy	Northumberland Fell Runners	M40	5:59:06	43.20	
29	Hal Roberts	Dark Peak Fell Runners	MSEN	6:02:23	41.77	
30	Richard Tunnicliffe	Pennine Fell Runners	M40	6:03:38	41.22	
31	Chris Perry		MSEN	6:04:12	40.97	
32	Edmond Jackson	Ambleside AC	M60	6:05:34	40.38	
33	Maxwell Cole	Rosendale Harriers & AC	M50	6:05:38	40.35	
34	James Wilkins	Dark Peak Fell Runners	MSEN	6:06:28	39.98	
35	Thomas Dransfield		MSEN	6:06:55	39.79	
36	Matthew Jones	Keswick AC	M40	6:07:34	39.50	
37	Tim Sterland		M40	6:11:24	37.83	
38	Paul Coope	Bowland Fell Runners	M60	6:20:07	34.02	
39	Tim Sunderland	Calder Valley Fell Runners	MSEN	6:21:53	33.25	
40	David White	Kilmarnock Harrier & Athletic Club	M50	6:22:24	33.03	
41	Simon West	Keswick AC	M40	6:24:14	32.22	
42	Rebecca Hare	Ambleside AC	FSEN	6:27:37	30.75	91.20
43	Alistair Wade	Derwent AC	MSEN	6:43:50	23.67	
44	Bianca Dyer	Helm Hill Runners	F50	6:49:18	21.28	85.11
45	Stewart Macdonald	Bingley Harriers & AC	M50	6:51:22	20.38	
46	Alice James	Calder Valley Fell Runners	FSEN	6:56:02	18.34	83.22
47	Mark Barnabas	Calder Valley Fell Runners	M40	6:58:59	17.05	
48	James Bremner		MSEN	7:12:53	10.98	
49	Lynne Hume	Keswick AC	F40	7:17:46	8.85	77.12
50	Gillian Atkinson	Keswick AC	F60	7:17:48	8.83	77.11
51	Thomas Trotter	Redhill Road Runners	MSEN	7:27:58	4.40	
52	Tim Perry	Bell & Harp Running Club	MSEN	7:28:06	4.34	
53	Niall Bancroft	Darwen Dashers RC	MSEN	7:28:13	4.29	
54	John Skelton	Cumberland Fell Runners	M50	7:28:41	4.08	
55	Emma Wilkins	Nidderdale Fell & Trail	FSEN	7:31:27	2.87	73.28

56	Nicola Wright	Nidderdale Fell & Trail	F40	7:31:31	2.85	73.26
57	Iain Smith	Totley AC	M50	7:33:44	1.88	
58	Oliver Beaumont	Calder Valley Fell Runners	MSEN	7:37:51	0.08	
59	Dan Marsden	Calder Valley Fell Runners	M40	7:37:54	0.06	
60	Colin Brennan	Springwell Running Club	M60	7:41:21	0.00	
61	Helen Dale		F40	7:41:32	0.00	70.45
62	Toby Sydes	Calder Valley Fell Runners	M50	7:43:14	0.00	
63	Lucy Spain	Helm Hill Runners	FSEN	7:46:47	0.00	68.98
64	Ian Swan	Radcliffe AC	M40	8:01:35	0.00	
65	Ian Warrington	Achille Ratti Climbing Club	M40	8:01:42	0.00	
66	Neil Swan	Holcombe Harriers	M50	8:01:48	0.00	
67	Carrie Gibson	Helm Hill Runners	F50	8:28:38	0.00	57.23
68	Helen Curtis	Calder Valley Fell Runners	F40	8:29:06	0.00	57.10

<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Category</u>	<u>Time</u>	<u>LCT points</u>	<u>F points</u>
1	Sue Richmond	Pennine Fell Runners	F40	5:56:16	44.44	100.00
2	Rebecca Hare	Ambleside AC	FSEN	6:27:37	30.75	91.20
3	Bianca Dyer	Helm Hill Runners	F50	6:49:18	21.28	85.11
4	Alice James	Calder Valley Fell Runners	FSEN	6:56:02	18.34	83.22
5	Lynne Hume	Keswick AC	F40	7:17:46	8.85	77.12
6	Gillian Atkinson	Keswick AC	F60	7:17:48	8.83	77.11
7	Emma Wilkins	Nidderdale Fell & Trail	FSEN	7:31:27	2.87	73.28
8	Nicola Wright	Nidderdale Fell & Trail	F40	7:31:31	2.85	73.26
9	Helen Dale		F40	7:41:32	0.00	70.45
10	Lucy Spain	Helm Hill Runners	FSEN	7:46:47	0.00	68.98
11	Carrie Gibson	Helm Hill Runners	F50	8:28:38	0.00	57.23
12	Helen Curtis	Calder Valley Fell Runners	F40	8:29:06	0.00	57.10

<u>Pos</u>	<u>Team (Open)</u>	<u>Team points</u>	<u>counter1</u>	<u>counter2</u>	<u>counter3</u>
1	Ambleside AC	68.57	Tom Simpson	Sean Leckey	Tom Lynch
2	Keswick AC	60.24	Matthew Atkinson	Daniel Barton	Matthew Jones
3	Dark Peak Fell Runners	59.27	Matthew Spoor	Will Carter	John Hunt
4	Helm Hill Runners	56.67	Sam Dixon	Adam Perry	Bianca Dyer
5	Calder Valley Fell Runners	22.88	Tim Sunderland	Alice James	Mark Barnabas

<u>Pos</u>	<u>Team (Womens)</u>	<u>Team points</u>	<u>counter1</u>	<u>counter2</u>	<u>counter3</u>
1	Helm Hill Runners	70.44	Bianca Dyer	Lucy Spain	Carrie Gibson