

<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Category</u>	<u>Time</u>	<u>LCT points</u>	<u>W points</u>
1	Finlay Wild	Lochaber Athletic Club	M40	3:32:27	100.00	
2	James Miller		MSEN	3:54:42	89.53	
3	Calum Tinnion	Keswick AC	MSEN	3:55:36	89.10	
4	Matthew Atkinson	Keswick AC	MSEN	3:57:22	88.27	
5	Sam Dixon	Helm Hill Runners	MSEN	3:59:50	87.11	
6	Sam Bennett	Cumberland Fell Runners	MSEN	4:06:24	84.02	
7	Andy Laycock	Clayton-le-Moors Harriers	MSEN	4:23:56	75.77	
8	Will Howard	Bowland Fell Runners	MSEN	4:25:42	74.94	
9	Matt Brindle	Ambleside AC	M40	4:27:26	74.12	
10	Michael McGleenan	Keswick AC	MSEN	4:28:32	73.60	
11	Robbie Driscoll	Helm Hill Runners	MSEN	4:30:07	72.86	
12	Mark Burley	Macclesfield Harriers & AC	MSEN	4:33:37	71.21	
13	Robin Wilkins	Ochil Hill Runners	M40	4:48:48	64.06	
14	Ethan Furness	Black Combe Runners	MSEN	4:53:19	61.94	
15	Oscar McKittrick		MSEN	4:53:22	61.91	
16	Jonathan Fletcher		MSEN	4:53:27	61.87	
17	Thomas Priestley	Ambleside AC	MSEN	4:55:10	61.07	
18	Gareth Turner	Chorlton Runners	MSEN	4:55:20	60.99	
19	Colin Doig	Hunters Bog Trotters	M40	4:57:35	59.93	
20	William Bowers	Ochil Hill Runners	MSEN	4:59:46	58.90	
21	Will Marshall	Belgrave Harriers	MSEN	5:00:00	58.79	
22	Neil McKenzie	Ambleside AC	M50	5:05:40	56.12	
23	Katie Mckay	Ambleside AC	WSEN	5:09:37	54.26	100.00
24	Matthew Spoor	Dark Peak Fell Runners	MSEN	5:13:56	52.23	
25	Philip Pearson	Northern Fells Running Club	M60	5:15:01	51.72	
26	Richard Tunnicliffe	Pennine Fell Runners	M40	5:15:24	51.54	
27	Hamish Carrick	Durham Fell Runners	MSEN	5:16:43	50.92	
28	Phil Riley	Helm Hill Runners	M50	5:18:05	50.28	
29	John Skelton	Cumberland Fell Runners	M50	5:18:21	50.15	
30	Jim Masters	Cumberland Fell Runners	M40	5:18:37	50.03	
31	Ed Newbould	Abbey Runners	MSEN	5:18:44	49.97	
32	Howard Dracup		M40	5:18:57	49.87	
33	Esther Livesey	Keswick AC	WSEN	5:20:31	49.13	96.48
34	Matthew Harris	Helm Hill Runners	MSEN	5:21:32	48.65	
35	Sam Watchorn	Nidderdale Fell and Trail	MSEN	5:25:54	46.60	
36	Claire Kennedy	Helm Hill Runners	WSEN	5:26:01	46.54	94.70
37	Mark Baugh	Ochil Hill Runners	M50	5:30:24	44.48	
38	Mark Duncan		M50	5:30:33	44.41	
39	Oisin Brennan		MSEN	5:31:16	44.07	
40	Hannah Barber	Helm Hill Runners	WSEN	5:31:55	43.77	92.80
41	Simon West	Keswick AC	M40	5:33:23	43.08	
42	Calum Fraser	Cumberland Fell Runners	MSEN	5:34:03	42.76	
43	Jonathan Russell		M40	5:35:01	42.31	
44	Tom Holden	Tipton Harriers	M40	5:35:08	42.25	
45	Martin Hartley	Ilkley Harriers AC	M40	5:35:59	41.85	
46	David White	Kilmarnock Harriers	M50	5:36:24	41.66	
47	Carol Morgan		W50	5:38:06	40.86	90.80
48	Mark Chippendale	Bowland Fell Runners	M50	5:40:30	39.73	
49	Mungo Stacy		M40	5:41:51	39.09	
50	Lydia Collins-Hussey	Derwent AC	WSEN	5:43:14	38.44	89.14
51	Ben Heinrich	Eden Runners	MSEN	5:47:17	36.53	
52	Nick McKittrick		M50	5:47:32	36.42	
53	Hughie Pollen		MSEN	5:49:41	35.40	
54	Paul Coope	Bowland Fell Runners	M60	5:50:21	35.09	
55	Lochlan Dulson	Summit Ultra	MSEN	5:51:03	34.76	
56	Greg Munsch	Helm Hill Runners	MSEN	5:53:41	33.52	
57	Harrison Munsch	Esk Valley Fell Club	MSEN	5:53:42	33.51	
58	Adam Malloy	Northumberland Fell Runners	M40	5:55:23	32.72	
59	Gavin Swanston	Norfolk Trail Runners	M40	5:55:54	32.48	
60	Daniel Austin	Cumberland Fell Runners	MSEN	6:01:05	30.04	
61	Mike Gillibrand	Pennine Fell Runners	M40	6:03:08	29.07	
62	Steve Garton	Eynsham Roadrunners	M50	6:03:44	28.79	
63	Nancy Connolly	Highland Hill Runners	WSEN	6:04:19	28.52	82.33
64	Jack Wiseman	Shetland Amateur Athletics Club	MSEN	6:04:22	28.49	
65	Johnny Parson	Pudsey & Bramley AC	M50	6:09:44	25.97	
66	Andrew Holland	Heaton Harriers & AC	MSEN	6:11:37	25.08	
67	Chris Usher	Newburgh Nomads RC	M50	6:12:22	24.73	

68	John Nicoll	Borrowdale Fell Runners	M50	6:12:46	24.54	
69	George Cowen	Keswick AC	MU23	6:13:36	24.15	
70	Emil Andrews	Pudsey & Bramley AC	M40	6:14:35	23.68	
71	Carrie Gibson	Helm Hill Runners	W50	6:15:51	23.09	78.61
72	Amy Duck		W40	6:16:24	22.83	78.43
73	Ben Naylor	Preston Harriers	MSEN	6:16:29	22.79	
74	Iain Smith	Totley AC	M50	6:16:37	22.73	
75	Colin Brennan	Springwell Running Club	M60	6:19:01	21.60	
76	Helen Dale		W40	6:21:36	20.38	76.75
77	Darren Parker	Cumberland Fell Runners	M50	6:21:38	20.37	
78	Andrew Lee	Rosendale Harriers & AC	M50	6:22:42	19.86	
79	Geoff Dawson	Bowland Fell Runners	M60	6:25:06	18.73	
80	Nick Dybeck	FRA	M60	6:25:38	18.48	
81	Kate Charles	Cumberland Fell Runners	W50	6:26:34	18.04	75.15
82	Katie Poulter	Ilkley Harriers AC	W40	6:27:52	17.43	74.73
83	Tim Cook	Cumberland Fell Runners	M40	6:30:02	16.41	
84	David Coleshill	Dark Peak Fell Runners	M50	6:35:58	13.62	
85	Gillian Atkinson	Keswick AC	W60	6:45:08	9.30	69.15
86	Susan Fawkes		WSEN	6:45:10	9.29	69.14
87	Lynne Hume	Keswick AC	W40	6:45:55	8.94	68.90
88	Nea Weston	Ilkley Harriers AC	WSEN	7:14:51	0.00	59.55
89	Charlie Jackson-Scrowther		MU23	7:19:17	0.00	
90	Nicola Merrett	Ambleside AC	W50	7:29:00	0.00	54.98
91	Xian Zhao		WSEN	7:39:42	0.00	51.53
92	Tom Chapman	Derwent AC	M50	7:39:45	0.00	
93	Jason Allard	Derwent AC	M50	7:39:50	0.00	
94	Brian Melia	Gritstone	M60	8:09:01	0.00	
95	Alison Wright	Cumberland Fell Runners	W50	8:17:14	0.00	39.40
96	Joseph O'Keeffe	Kinder Buenos	MSEN	8:30:38	0.00	
97	David Anderson	Pudsey & Bramley AC	M50	8:39:04	0.00	

Pos	Name	Club	Category	Time	LCT points	W points
1	Katie Mckay	Ambleside AC	WSEN	5:09:37	54.26	100.00
2	Esther Livesey	Keswick AC	WSEN	5:20:31	49.13	96.48
3	Claire Kennedy	Helm Hill Runners	WSEN	5:26:01	46.54	94.70
4	Hannah Barber	Helm Hill Runners	WSEN	5:31:55	43.77	92.80
5	Carol Morgan		W50	5:38:06	40.86	90.80
6	Lydia Collins-Hussey	Derwent AC	WSEN	5:43:14	38.44	89.14
7	Nancy Connolly	Highland Hill Runners	WSEN	6:04:19	28.52	82.33
8	Carrie Gibson	Helm Hill Runners	W50	6:15:51	23.09	78.61
9	Amy Duck		W40	6:16:24	22.83	78.43
10	Helen Dale		W40	6:21:36	20.38	76.75
11	Kate Charles	Cumberland Fell Runners	W50	6:26:34	18.04	75.15
12	Katie Poulter	Ilkley Harriers AC	W40	6:27:52	17.43	74.73
13	Gillian Atkinson	Keswick AC	W60	6:45:08	9.30	69.15
14	Susan Fawkes		WSEN	6:45:10	9.29	69.14
15	Lynne Hume	Keswick AC	W40	6:45:55	8.94	68.90
16	Nea Weston	Ilkley Harriers AC	WSEN	7:14:51	0.00	59.55
17	Nicola Merrett	Ambleside AC	W50	7:29:00	0.00	54.98
18	Xian Zhao		WSEN	7:39:42	0.00	51.53
19	Alison Wright	Cumberland Fell Runners	W50	8:17:14	0.00	39.40

Pos	Team (Open)	Team points	counter1	counter2	counter3
1	Keswick AC	83.66	Calum Tinnion	Matthew Atkinson	Michael McGleenan
2	Helm Hill Runners	70.08	Sam Dixon	Robbie Driscoll	Phil Riley
3	Ambleside AC	63.77	Matt Brindle	Thomas Priestley	Neil McKenzie
4	Cumberland Fell Runners	61.40	Sam Bennett	John Skelton	Jim Masters
5	Ochil Hill Runners	55.81	Robin Wilkins	William Bowers	Mark Baugh
6	Bowland Fell Runners	49.92	Will Howard	Mark Chippendale	Paul Coope
7	Ilkley Harriers AC	19.76	Martin Hartley	Katie Poulter	Nea Weston
8	Pudsey & Bramley AC	16.55	Johnny Parson	Emil Andrews	David Anderson
9	Derwent AC	12.81	Lydia Collins-Hussey	Tom Chapman	Jason Allard

Pos	Team (Womens)	Team points	counter1	counter2	counter3
1	Helm Hill Runners	88.70	Claire Kennedy	Hannah Barber	Carrie Gibson
2	Keswick AC	78.18	Esther Livesey	Gillian Atkinson	Lynne Hume