

<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Category</u>	<u>Time</u>	<u>LCT points</u>	<u>F points</u>
1	David Lewis	Dark Peak Fell Runners	M	2:49:02	100.00	
2	Harry Bolton	Keswick AC	M	2:51:19	98.65	
3	Chris Larkin	Northumberland Fell Runners	M	2:52:29	97.96	
4	Tom Simpson	Ambleside AC	M	2:52:36	97.89	
5	Philip Rutter	Helm Hill Runners	M	3:01:22	92.70	
6	Bobby Gard-Storry	Ambleside AC	M	3:05:25	90.31	
7	Garry Greenhow	Ambleside AC	M40	3:07:27	89.10	
8	Sam Holding	Keswick AC	M	3:09:30	87.89	
9	Daniel Clavey	Kendal Amateur Athletic Club	M	3:09:42	87.77	
10	Mark Burley	Macclesfield Harriers & AC	M	3:09:46	87.73	
11	Jack Kosky		M	3:09:47	87.72	
12	Josh Hartley	Black Combe Runners	M	3:11:21	86.80	
13	Daniel Haworth	Matlock Athletic Club	M	3:14:56	84.68	
14	Tom Saville	Dark Peak Fell Runners	M	3:14:59	84.65	
15	Andy Laycock	Clayton-le-Moors Harriers	M	3:25:38	78.35	
16	Will Silvie	Black Combe Runners	M	3:26:19	77.94	
17	Jack Reed	Ochil Hill Runners	M	3:30:16	75.61	
18	Matt Fleming	Ambleside AC	M	3:35:19	72.62	
19	Nicholas Barber	Helm Hill Runners	M	3:35:36	72.45	
20	Hamish Murray	Keswick AC	M	3:36:28	71.94	
21	Stuart Smith	Mercia Fell Runners	M40	3:36:41	71.81	
22	Paul Neild	Bowland Fell Runners	M50	3:36:47	71.75	
23	Lawrence Eccles	Penny Lane Striders	M40	3:37:36	71.27	
24	Nathan Shaw	Ambleside AC	M	3:38:19	70.84	
25	Ian Ridgeway		M40	3:40:26	69.59	
26	Nathanael Booker	Macclesfield Harriers & AC	M	3:40:33	69.52	
27	David Williams	Ellenborough AC	M40	3:41:03	69.23	
28	Daniel Bateson	Scarborough Athletic Club	M40	3:42:59	68.08	
29	John Hunt	Dark Peak Fell Runners	M60	3:44:02	67.46	
30	Matt Brindle	Ambleside AC	M40	3:51:54	62.81	
31	Patrick Brennan	Rosendale Harriers & AC	M40	3:57:40	59.40	
32	Cailum Peers-Earley	North Leeds Fell Runners	M	3:57:48	59.32	
33	Stephen Pyke	Dark Peak Fell Runners	M60	3:59:29	58.32	
34	Pete Rigby	Helm Hill Runners	M40	4:00:40	57.62	
35	George Chinn	Black Combe Runners	MU23	4:01:37	57.06	
36	Neil McKenzie	Ambleside AC	M50	4:02:27	56.57	
37	Matthew Jones	Keswick AC	M40	4:03:36	55.89	
38	Jonathan Fletcher		M40	4:03:55	55.70	
39	Daniel Barton	Keswick AC	M40	4:04:00	55.65	
40	Caroline Lambert	Keswick AC	F	4:04:11	55.54	100.00
41	Mark Roberts	Borrowdale Fell Runners	M60	4:05:30	54.76	
42	Kelli Roberts	Helm Hill Runners	F	4:06:03	54.44	99.24
43	Rick Solman	Rosendale Harriers & AC	M40	4:07:52	53.36	
44	Roger Prudon	Lancaster & Morecambe AC	M	4:08:45	52.84	
45	Alfred Hollingsworth	Mercia Fell Runners	M	4:08:54	52.75	
46	John Nicoll	Borrowdale Fell Runners	M50	4:09:17	52.52	
47	Dave Parton	Rochdale Harriers & AC	M	4:13:53	49.80	
48	Philip Pearson	Northern Fells Running Club	M60	4:14:09	49.65	
49	Michael Hawley	Cumberland Fell Runners	M40	4:14:43	49.31	
50	Bianca Dyer	Helm Hill Runners	F50	4:14:50	49.24	95.64
51	Shirley Murray	Keswick AC	F	4:15:11	49.03	95.50
52	Calum Fraser	Cumberland Fell Runners	M	4:17:26	47.70	
53	Will James		M	4:17:38	47.58	

54	Jamie Helmer	Glossopdale Harriers	M40	4:21:59	45.01	
55	Simon Whittaker	Helm Hill Runners	M40	4:23:02	44.39	
56	James Pierce	Penistone Footpath Runners	M50	4:23:46	43.96	
57	Emma Wilkins	Cumberland Fell Runners	F	4:24:50	43.32	91.54
58	Peter Heald	Lancaster & Morecambe AC	M40	4:25:33	42.90	
59	Sarah Sigsworth	Ambleside AC	F	4:25:42	42.81	91.19
60	James McMurtry	Ashbourne Running Club	M60	4:28:31	41.15	
61	Ben Crossley	Macclesfield Harriers & AC	M40	4:28:43	41.03	
62	Paul Johnson	Cumberland Fell Runners	M40	4:29:47	40.40	
63	Jean Powell	Wharfedale Harriers	F50	4:32:46	38.63	88.29
64	James Ash		M	4:33:22	38.28	
65	Ella Leonard	Mercia Fell Runners	F	4:34:40	37.51	87.52
66	Kieran Thompson		M	4:35:24	37.07	
67	David Baglee	Eden Runners	M60	4:36:12	36.60	
68	John Brannock	Porter Valley	M	4:36:35	36.37	
69	Steve Garton	Eynsham Roadrunners	M50	4:37:12	36.01	
70	George Fidczuk	Hyde Park Harriers	M	4:37:59	35.55	
71	Iain Shaw	Bowland Fell Runners	M50	4:38:01	35.53	
72	Hanno Torn	Ambleside AC	M50	4:38:24	35.30	
73	Paul Coope	Bowland Fell Runners	M60	4:38:24	35.30	
74	Chris Godridge		M	4:38:35	35.19	
75	John Miles	Ambleside AC	M50	4:39:25	34.70	
76	Ian Brockbank	Cumberland Fell Runners	M60	4:42:42	32.75	
77	Stewart Macdonald	Bingley Harriers & AC	M60	4:42:55	32.63	
78	Alistair Shawcross	Lonsdale Fell Runners	M50	4:43:47	32.11	
79	Tony Marlow	Lostock AC	M60	4:44:07	31.92	
80	Tom Cubbon		M40	4:44:08	31.91	
81	Andrew Kershaw	Southport Waterloo AC	M	4:44:58	31.41	
82	Daniel Austin	Cumberland Fell Runners	M	4:45:50	30.90	
83	Josie Greenhalgh	Lostock AC	F50	4:45:54	30.86	82.92
84	Darren Parker	Cumberland Fell Runners	M60	4:46:27	30.54	
85	James McLaughlin	Cumberland Fell Runners	M50	4:47:00	30.21	
86	Jonatan Pinkse	Lonsdale Fell Runners	M40	4:57:12	24.18	
87	Ruth Graham	Cumberland Fell Runners	F	4:58:36	23.35	77.71
88	Joe Oetting	York Alpine Club	M	4:58:40	23.31	
89	Rebecca Cleator	Black Combe Runners	F	4:59:09	23.02	77.49
90	David Ahearn	Pennine Fell Runners	M40	5:02:19	21.15	
91	Robert Webb	Lonsdale Fell Runners	M40	5:06:11	18.86	
92	Calvin Routledge	Ambleside AC	M50	5:06:40	18.58	
93	Maxwell Cole	Rossendale Harriers & AC	M50	5:06:41	18.57	
94	Mat Otoole		M40	5:07:01	18.37	
95	Gillian Atkinson	Keswick AC	F60	5:07:23	18.15	74.12
96	Paul Simpson	Ambleside AC	M60	5:10:52	16.09	
97	Alison Weston	Ilkley Harriers AC	F60	5:12:20	15.22	72.09
98	Lynne Hume	Keswick AC	F40	5:14:32	13.92	71.19
99	Sam Threadgill	Todmorden Harriers	M	5:14:46	13.78	
100	Chris Cripps	Macclesfield Harriers & AC	M50	5:16:37	12.69	
101	Kieran Horrigan	FRA	M60	5:18:51	11.37	
102	Simone Capponi	Bowland Fell Runners	M40	5:20:10	10.59	
103	Paul Ramsay	Millom Striders	M50	5:20:41	10.28	
104	Amy Duck	FRA	F40	5:27:23	6.32	65.93
105	Tom Wiggans	FRA	M50	5:28:36	5.60	
106	Sean O'Keeffe	Keswick AC	M	5:39:48	0.00	
107	Alison Wainwright	Dark Peak Fell Runners	F50	5:42:55	0.00	59.57

108	Kim Ashworth	Todmorden Harriers	F	5:43:12	0.00	59.45
109	Erica Guyler		F50	5:43:38	0.00	59.27
110	Tim Whittaker		M50	5:44:45	0.00	
111	Andrew Mcfarlane	Rossendale Harriers & AC	M50	5:51:56	0.00	

Pos	Name	Club	Category	Time	LCT points	F points
1	Caroline Lambert	Keswick AC	F	4:04:11	55.54	100.00
2	Kelli Roberts	Helm Hill Runners	F	4:06:03	54.44	99.24
3	Bianca Dyer	Helm Hill Runners	F50	4:14:50	49.24	95.64
4	Shirley Murray	Keswick AC	F	4:15:11	49.03	95.50
5	Emma Wilkins	Cumberland Fell Runners	F	4:24:50	43.32	91.54
6	Sarah Sigsworth	Ambleside AC	F	4:25:42	42.81	91.19
7	Jean Powell	Wharfedale Harriers	F50	4:32:46	38.63	88.29
8	Ella Leonard	Mercia Fell Runners	F	4:34:40	37.51	87.52
9	Josie Greenhalgh	Lostock AC	F50	4:45:54	30.86	82.92
10	Ruth Graham	Cumberland Fell Runners	F	4:58:36	23.35	77.71
11	Rebecca Cleator	Black Combe Runners	F	4:59:09	23.02	77.49
12	Gillian Atkinson	Keswick AC	F60	5:07:23	18.15	74.12
13	Alison Weston	Ilkley Harriers AC	F60	5:12:20	15.22	72.09
14	Lynne Hume	Keswick AC	F40	5:14:32	13.92	71.19
15	Amy Duck	FRA	F40	5:27:23	6.32	65.93
16	Alison Wainwright	Dark Peak Fell Runners	F50	5:42:55	0.00	59.57
17	Kim Ashworth	Todmorden Harriers	F	5:43:12	0.00	59.45
18	Erica Guyler		F50	5:43:38	0.00	59.27

Pos	Team (Open)	Team points	counter1	counter2	counter3
1	Ambleside AC	92.43	Tom Simpson	Bobby Gard-Storry	Garry Greenhow
2	Keswick AC	86.16	Harry Bolton	Sam Holding	Hamish Murray
3	Dark Peak Fell Runners	84.04	David Lewis	Tom Saville	John Hunt
4	Helm Hill Runners	74.26	Philip Rutter	Nicholas Barber	Pete Rigby
5	Black Combe Runners	73.93	Josh Hartley	Will Silvie	George Chinn
6	Macclesfield Harriers & AC	66.09	Mark Burley	Nathanael Booker	Ben Crossley
7	Mercia Fell Runners	54.02	Stuart Smith	Alfred Hollingsworth	Ella Leonard
8	Bowland Fell Runners	47.53	Paul Neild	Iain Shaw	Paul Coope
9	Cumberland Fell Runners	46.78	Michael Hawley	Calum Fraser	Emma Wilkins
10	Rossendale Harriers & AC	43.78	Patrick Brennan	Rick Solman	Maxwell Cole
11	Lonsdale Fell Runners	25.05	Alistair Shawcross	Jonatan Pinkse	Robert Webb

Pos	Team (Womens)	Team points	counter1	counter2	counter3
1	Keswick AC	89.87	Caroline Lambert	Shirley Murray	Gillian Atkinson