

<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Category</u>	<u>Time</u>	<u>LCT points</u>	<u>W points</u>
1	Tom Simpson	Ambleside AC	M	3:53:06	100.00	
2	Barney Nikolich	Pennine Fell Runners	M	3:55:32	98.96	
3	Harry Bolton	Keswick AC	M	3:59:29	97.26	
4	Evan Allan	Helm Hill Runners	MU23	4:07:08	93.98	
5	Matthew Elkington	Ambleside AC	M	4:20:53	88.08	
6	Tom Saville	Dark Peak Fell Runners	M	4:24:23	86.58	
7	Tobias Barthelmes	Keswick AC	M	4:25:01	86.31	
8	Christian Garvey	Victoria Park Harriers and Tower Hamlets AC	M	4:29:35	84.35	
9	Sam Holding	Keswick AC	M	4:30:13	84.08	
10	Ian Newell	Dark Peak Fell Runners	M	4:31:15	83.63	
11	Jonty Fish		M	4:32:04	83.28	
12	Sean Leckey	Ambleside AC	M	4:33:30	82.67	
13	Rob Greenwood	Dark Peak Fell Runners	M40	4:35:56	81.62	
14	Matt Fleming	Ambleside AC	M	4:40:04	79.85	
15	William Bowers	Ochil Hill Runners	M	4:40:29	79.67	
16	Ethan Furness	Black Combe Runners	M	4:40:40	79.59	
17	Magnus Ross	Victoria Park Harriers and Tower Hamlets AC	M	4:42:59	78.60	
18	Ben Abdelnoor	Ambleside AC	M40	4:43:33	78.36	
19	Cynog Williams	Dark Peak Fell Runners	M	4:49:03	76.00	
20	Paul Neild	Bowland Fell Runners	M50	4:49:49	75.67	
21	Chris Webb	Glossopdale Harriers	M40	4:50:25	75.41	
22	Luke Wilkinson	Dark Peak Fell Runners	M	4:51:04	75.13	
23	Jonathan Fletcher		M40	4:51:59	74.74	
24	Kieran Lowe	City Racing	M	5:02:43	70.13	
25	Lloyd Clayburn	Dark Peak Fell Runners	M	5:03:14	69.91	
26	David Williams	Ellenborough AC	M40	5:04:33	69.35	
27	Bryan Dooley	City Racing	M	5:05:00	69.15	
28	Felix Watts	Dark Peak Fell Runners	M	5:08:35	67.62	
29	Harriet Wingfield	Dark Peak Fell Runners	F	5:11:55	66.19	100.00
30	Alistair Wade	Derwent AC	M	5:14:54	64.91	
31	Thomas Dobbing	Durham Fell Runners	M	5:15:20	64.72	
32	James Scott-Farrington	Horwich R M I Harriers	M	5:17:30	63.79	
33	Michael Howarth		M	5:19:07	63.10	
34	Peter Taylor	Cumberland Fell Runners	M50	5:21:29	62.08	
35	John Packer	Northumberland Fell Runners	M	5:24:53	60.62	
36	Charlie Mason	Helm Hill Runners	M	5:25:10	60.50	
37	Annie Soper	Ambleside AC	F	5:25:20	60.43	95.70
38	Owen Carter	Eden Runners	M	5:25:52	60.20	
39	Will Carter	Dark Peak Fell Runners	M	5:25:56	60.17	
40	Shirley Murray	Keswick AC	F	5:26:05	60.11	95.46
41	Graham Thomas	Durham Fell Runners	M40	5:26:45	59.82	
42	Tim Budd	Glossopdale Harriers	M40	5:27:49	59.37	
43	Sue Richmond	Pennine Fell Runners	F40	5:28:01	59.28	94.84
44	Matthew Jones	Keswick AC	M40	5:28:40	59.00	
45	Isaac Murphy	Ilfracombe Running Club	M	5:29:46	58.53	
46	Neil McKenzie	Ambleside AC	M50	5:29:53	58.48	
47	Simon West	Keswick AC	M40	5:32:24	57.40	
48	Mark Whittaker	Clayton-le-Moors Harriers	M50	5:35:29	56.08	
49	Calum Fraser	Cumberland Fell Runners	M	5:35:31	56.06	
50	Josh Ring		M	5:36:33	55.62	
51	Steve Birkinshaw	Borrowdale Fell Runners	M50	5:36:40	55.57	
52	Adam Hogge	Cumberland Fell Runners	M	5:37:17	55.31	
53	Mark Roberts	Borrowdale Fell Runners	M60	5:43:40	52.57	
54	Phil Riley	Helm Hill Runners	M50	5:46:47	51.23	
55	Alexandra Duesbury	Keswick AC	F	5:47:15	51.03	88.67
56	Jacob Tonkin	Keswick AC	M	5:47:17	51.02	
57	Philip Pearson	Northern Fells Running Club	M60	5:48:23	50.54	
58	Andrew Sutton	Macclesfield Harriers & AC	M40	5:49:22	50.12	
59	David Atkinson	Bowland Fell Runners	M	5:52:38	48.72	
60	Cameron Pilling		M	5:53:43	48.26	
61	Alice Davies	City Racing	F	5:53:47	48.23	86.58
62	Lisa Joyce	City Racing	F	5:53:48	48.22	86.57
63	John Nicoll	Borrowdale Fell Runners	M50	5:53:58	48.15	
64	Tom Pape	Dark Peak Fell Runners	M40	5:57:59	46.42	
65	Edward Poulter		M40	5:58:05	46.38	
66	Annie Garside	Holmfirth Harriers AC	F	5:58:38	46.15	85.02

67	Theo Coates		MU23	5:58:42	46.12	
68	Luke Dyer	Ambleside AC	M	5:59:32	45.76	
69	Ben Breeze	Cumberland Fell Runners	M	6:00:33	45.32	
70	Kev Longair		M40	6:00:42	45.26	
71	Susan Fawkes		F	6:01:05	45.10	84.24
72	Paul Johnson	Cumberland Fell Runners	M40	6:01:14	45.03	
73	Paul Coope	Bowland Fell Runners	M60	6:01:35	44.88	
74	Ross Coles	Cumberland Fell Runners	M	6:02:24	44.53	
75	Jean Brown	Clayton-le-Moors Harriers	F50	6:03:34	44.03	83.44
76	Ben Thompson		M	6:04:15	43.74	
77	Tom Newberry	Billinge Running Club	M	6:05:55	43.02	
78	Thomas Appleton	Achille Ratti Climbing Club	M	6:05:59	42.99	
79	Mungo Stacy	FRA	M40	6:06:20	42.84	
80	Jamie Helmer	Glossopdale Harriers	M40	6:09:28	41.50	
81	Ruth Graham	Cumberland Fell Runners	F	6:09:47	41.36	81.45
82	Darren Parker	Cumberland Fell Runners	M60	6:12:02	40.40	
83	John Miles	Ambleside AC	M50	6:12:16	40.30	
84	Simon Davies	Mow Cop Runners	M40	6:12:41	40.12	
85	Stuart Britt	Ambleside AC	M50	6:13:46	39.65	
86	Charles Wain	Ilkley Harriers AC	M	6:13:56	39.58	
87	Paul Jennings	Cumberland Fell Runners	M60	6:14:25	39.38	
88	Adam Malloy	Northumberland Fell Runners	M40	6:23:48	35.35	
89	David Crout	Keswick AC	M50	6:26:51	34.04	
90	Tom Hustwitt	Esk Valley Fell Club	M	6:27:55	33.58	
91	Jonathan Rowland	Esk Valley Fell Club	M50	6:29:00	33.12	
92	Joanne Ellis	Pennine Fell Runners	F40	6:32:55	31.44	74.03
93	Aritri Mandal	Dark Peak Fell Runners	F	6:34:18	30.85	73.59
94	Andrew Gray	Thame Runners	M50	6:34:48	30.63	
95	Josie Greenhalgh	Lostock AC	F50	6:34:52	30.60	73.41
96	Calvin Routledge	Ambleside AC	M50	6:38:06	29.21	
97	Maxwell Cole	Rossendale Harriers & AC	M50	6:38:08	29.20	
98	Ralph Baines	Clayton-le-Moors Harriers	M50	6:39:43	28.52	
99	James McLaughlin	Cumberland Fell Runners	M50	6:41:19	27.83	
100	Tanya Shepherd	Horsforth Fellandale Club	F	6:46:02	25.81	69.83
101	Amy Duck	FRA	F40	6:46:05	25.79	69.81
102	Johnny Parsons	Pudsey & Bramley AC	M50	6:46:07	25.78	
103	Jerome McAllister	Tring RC	M50	6:49:27	24.35	
104	Andrew Holmes	Pennine Fell Runners	M40	6:50:06	24.07	
105	Gillian Atkinson	Keswick AC	F60	6:50:57	23.70	68.25
106	Lynne Hume	Keswick AC	F40	6:52:48	22.91	67.66
107	Kevin Brennan	St Helens Striders	M50	6:53:32	22.59	
108	Sean Pollen	Cumberland Fell Runners	M	6:56:56	21.14	
109	Matthew Balmer	FRA	M40	6:58:05	20.64	
110	Andrew Holland		M	6:58:18	20.55	
111	Tom Wiggans	FRA	M50	6:58:20	20.53	
112	Tania Wilson	Buxton AC	F60	7:12:34	14.43	61.32
113	Andrew Lee	Rossendale Harriers & AC	M50	7:13:00	14.24	
114	George Sewell	Howgill Harriers	M	7:25:10	9.02	
115	James Morris	Keswick AC	M40	7:38:10	3.45	
116	Louise Brown	Keswick AC	F50	7:38:13	3.42	53.10
117	Robert Webb	Lonsdale Fell Runners	M40	7:50:35	0.00	
118	Joseph O'Keeffe		M	7:54:33	0.00	

Pos	Name	Club	Category	Time	LCT points	W points
1	Harriet Wingfield	Dark Peak Fell Runners	F	5:11:55	66.19	100.00
2	Annie Soper	Ambleside AC	F	5:25:20	60.43	95.70
3	Shirley Murray	Keswick AC	F	5:26:05	60.11	95.46
4	Sue Richmond	Pennine Fell Runners	F40	5:28:01	59.28	94.84
5	Alexandra Duesbury	Keswick AC	F	5:47:15	51.03	88.67
6	Alice Davies	City Racing	F	5:53:47	48.23	86.58
7	Lisa Joyce	City Racing	F	5:53:48	48.22	86.57
8	Annie Garside	Holmfirth Harriers AC	F	5:58:38	46.15	85.02
9	Susan Fawkes		F	6:01:05	45.10	84.24
10	Jean Brown	Clayton-le-Moors Harriers	F50	6:03:34	44.03	83.44
11	Ruth Graham	Cumberland Fell Runners	F	6:09:47	41.36	81.45
12	Joanne Ellis	Pennine Fell Runners	F40	6:32:55	31.44	74.03
13	Aritri Mandal	Dark Peak Fell Runners	F	6:34:18	30.85	73.59

14	Josie Greenhalgh	Lostock AC	F50	6:34:52	30.60	73.41
15	Tanya Shepherd	Horsforth Fellandale Club	F	6:46:02	25.81	69.83
16	Amy Duck	FRA	F40	6:46:05	25.79	69.81
17	Gillian Atkinson	Keswick AC	F60	6:50:57	23.70	68.25
18	Lynne Hume	Keswick AC	F40	6:52:48	22.91	67.66
19	Tania Wilson	Buxton AC	F60	7:12:34	14.43	61.32
20	Louise Brown	Keswick AC	F50	7:38:13	3.42	53.10

<u>Pos</u>	<u>Team (Open)</u>	<u>Team points</u>	<u>counter1</u>	<u>counter2</u>	<u>counter3</u>
1	Ambleside AC	90.25	Tom Simpson	Matthew Elkington	Sean Leckey
2	Keswick AC	89.22	Harry Bolton	Tobias Barthelmes	Sam Holding
3	Dark Peak Fell Runners	83.95	Tom Saville	Ian Newell	Rob Greenwood
4	Helm Hill Runners	68.57	Evan Allan	Charlie Mason	Phil Riley
5	Pennine Fell Runners	63.23	Barney Nikolich	Sue Richmond	Joanne Ellis
6	City Racing	62.51	Kieran Lowe	Bryan Dooley	Alice Davies
7	Glossopdale Harriers	58.76	Chris Webb	Tim Budd	Jamie Helmer
8	Cumberland Fell Runners	57.82	Peter Taylor	Calum Fraser	Adam Hogge
9	Bowland Fell Runners	56.42	Paul Neild	David Atkinson	Paul Coope
10	Borrowdale Fell Runners	52.09	Steve Birkinshaw	Mark Roberts	John Nicoll
11	Clayton-le-Moors Harriers	42.88	Mark Whittaker	Jean Brown	Ralph Baines

<u>Pos</u>	<u>Team (Womens)</u>	<u>Team points</u>	<u>counter1</u>	<u>counter2</u>	<u>counter3</u>
1	Keswick AC	84.13	Shirley Murray	Alexandra Duesbury	Gillian Atkinson